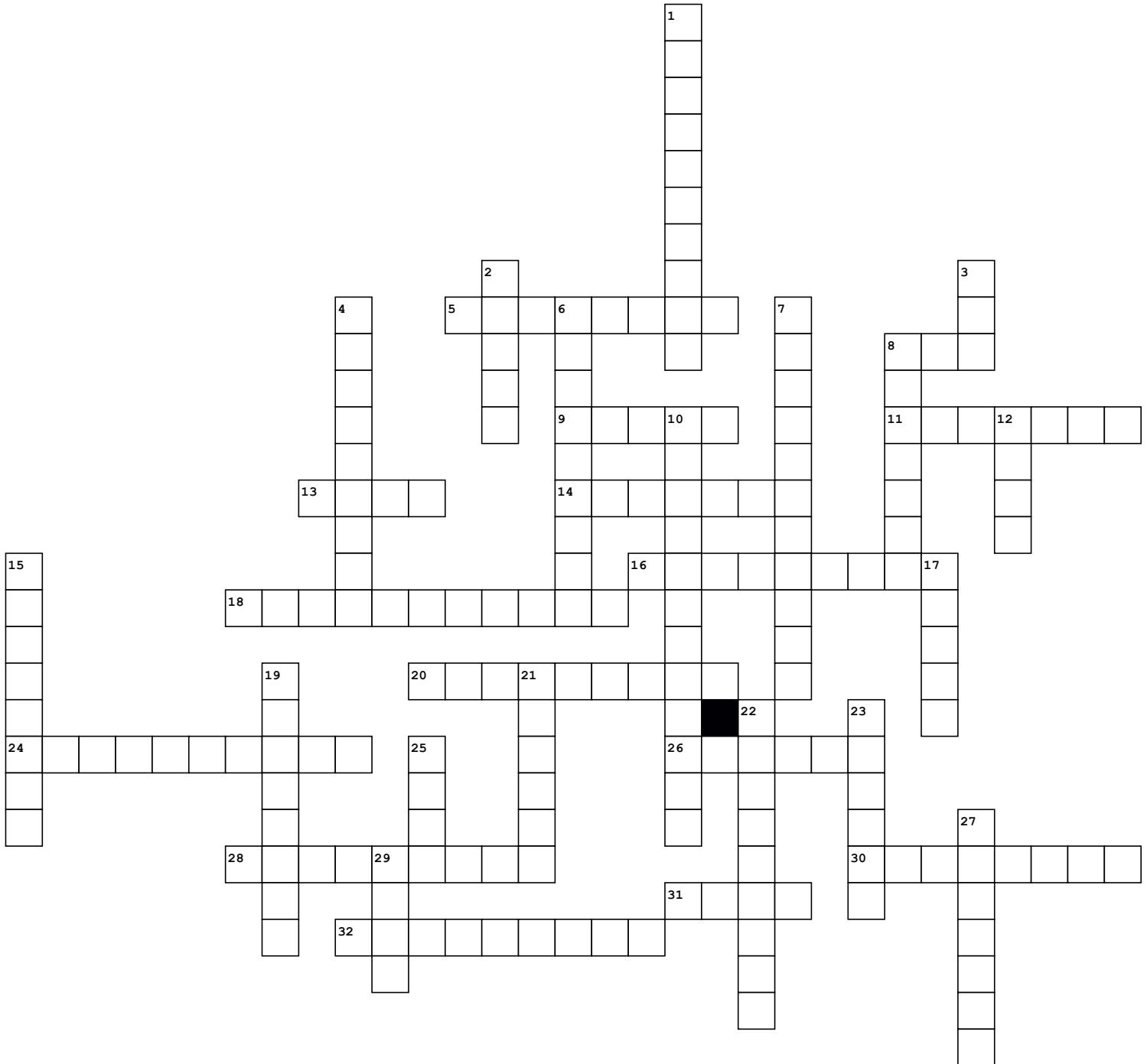


Milk



Across

- 5. good vegetable source of calcium
- 8. temperature for cooking milk
- 9. add this and sugar to milk to make hot chocolate
- 11. milk has lots of this nutrient
- 13. mineral not found in milk
- 14. sugar in milk
- 16. when vitamins are added to milk

Down

- 1. soured milk/milk pulled from butter
- 2. milk with the highest fat content
- 3. animal that supplies our milk
- 4. fat found in milk
- 6. favourite milk of many kids
- 7. milk that is mechanically treated to break up the fat

18. heated to kill bacteria
20. milk with water and fat removed
24. milk with half of the water removed
26. high temperature will cause milk to do this
28. a favourite icy blended drink
30. low calorie frozen treat
31. nature's nearly perfect food
32. popular topping for baked potatoes

8. enzyme needed to digest milk
10. disease affecting older women who don't get enough calcium
12. temperature for storing milk
15. frozen dairy treat
17. group of milk products
19. added to milk (fortified)
21. where to keep milk
22. protein does this when cooked
23. product made from milk
25. calcium source found in the sea
27. milk has a lot of this macronutrient
29. rate for cooking milk