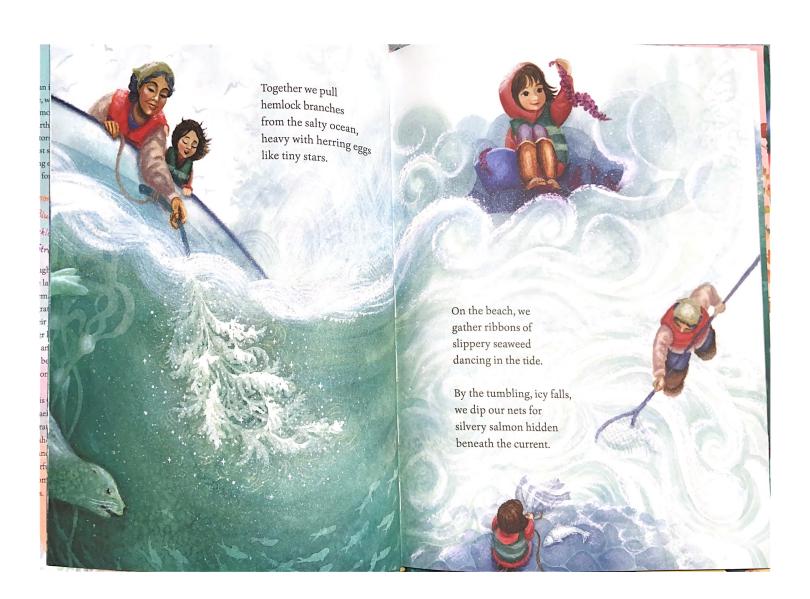
# BERRY CALDECOTT MEDALIST Michaela Goade

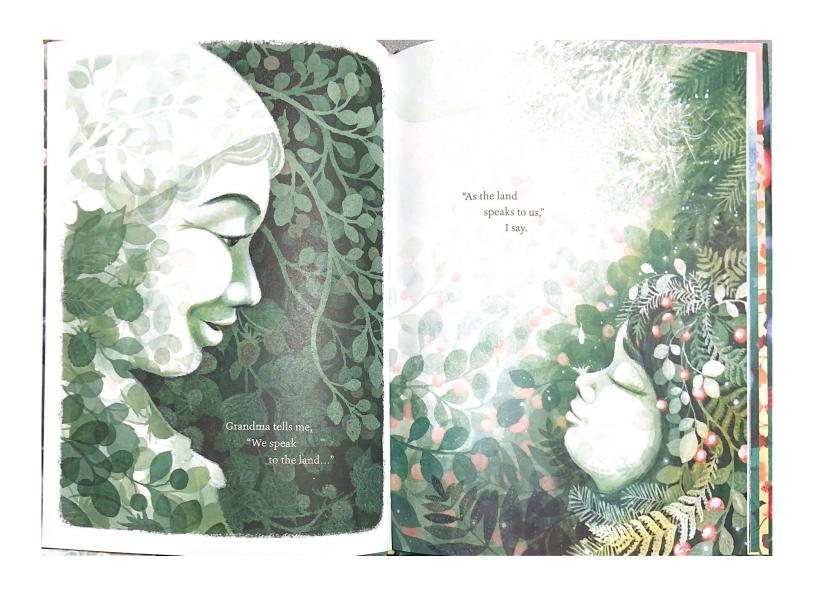
































## A Note from the Author



## 🌇 In the land of tléikw...

Like the young girl in this book, I too live on an island at the edge of a wide, wild sea where I grew up picking tléikw, or berries. My home is Sheet'ká, or Sitka, Alaska. It is the same island my Tlingit grandmother, great-grandparents, and great-greatgrandparents called home. All year long I excitedly wait for berry season, for the juicy salmonberries that strum the first notes of berry song, and the cranberries after the first freeze that signal its end. Every time I wander back into the forest, I am a little kid again, spellbound by the magic and joy of berry song.

As Tlingit people, our way of life has always been woven into the rhythm of the land and sea, to the animals and plants that nurture our body and spirit. It has always meant more than food or survival. This way of life honors a deep kinship with the land rooted in respect, balance, and reciprocity. Tlingit values teach us to treat the land and our nonhuman kin with great reverence and gratitude, and it is often during traditional foodharvesting practices such as berry picking when ancestral knowledge and values are passed down from one generation to the next.

Berries have always been a celebrated part of Tlingit life. They are a traditional diet staple providing essential nutrients, eaten fresh or preserved with fish or seal oil, or pressed and dried into berry cakes. Today we also process berries through freezing, canning, or baking delicious treats! Historically, berries were used as medicine, trade goods, ceremonial gifts, and symbols of



Was'x'aan lléigu Dáxw or K'eishkaháagu

wealth and prestige; and much like hunting wealth and pressing, grounds or salmon streams, certain berry patches were claimed and stewarded by different clans, Traditional stories tell us of the importance of berries-how they nourished a young boy climbing his chain of arrows to the moon, or how Raven taught us to preserve them. Berries are one of the most important foods brought out during a koo.éex', a major ceremonial and often memorial gathering. Berries hold great symbolic and spiritual significance. They connect us to land, community, and culture. They remind us of home.

When I am out picking berries, I feel rooted in the land. If I am sad or troubled before entering the forest, I always leave happy. Berry picking is medicine. Berries are gifts from the earth, gathered and shared in gratitude. When I am lost in a patch of salmonberries that drip from the leaves in hues of sunshine, coral, and ruby, I am in awe of Mother Earth's many gifts, and I try my best to listen-to the berries, to the forest and water, to Raven's musical call, to my Tlingit ancestors and the children yet to come. I hear the same sparkling song in my grandmother's chuckle as she tells me about summers at the salmon cannery with her family, when coming home with a bucket full of berries spared her from any scolding. I hear the same chorus in my mother's voice as she passes along the wisdom of my great-aunt: "When the blueberry leaves start to turn red, that's when the fruit is sweetest." And I hear that same melody in my young nephew, when together we sing and sway through a mountainside meadow, our hearts-much like our buckets and baskets-full to the brim. "Gunalchéesh," I teach him to say, giving thanks. The song is everywhere, if you listen. Can you hear it?



Kanat'á



Tleikatánk

is many with the land. Among its many before the same the ones shared in this book. ning offers a powerful oppo ret kinsmy ones shared in this book:

# We speak to the land as the land speaks to us.

hand is alive. Everything has spirit. Talk to the land is aux and their Indigenous names. Ask the berries. Learn their Indigenous names. Ask the berries Dean State of the berries of the berrie for permission from the first a magnificent symphony of song that there is a making one small horry There is a magnificent symphony or song that the into making one small berry—the sun, rain, sessinto making one small berry—the sun, rain, sessinto do their part. So do the salmon, birds, and wind such session of the salmon, birds, and wing an whose life cycles and foraging fertilize and bears, whose life cycles and foraging fertilize and bears, much pread berry seeds. Other animals the forest and spread stop including the forest and the seeds too, including humans! The help spread in social butterflies, and other insects humminguities, and other insected when they pollinate the berry blossoms, as help when they pollinate the disease that disease they are they are they are the disease that disease they are the disease that disease they are they are the disease that disease the disease that disease the disease the disease that disease the disease that disease the disease the disease that disease the disease that disease the disease the disease that disease the disease the disease the disease that disease the disease t help when the product the soil do the ancient trees that die and nourish the soil. do the ancient do the land and listen in return, When you spaced at what you learn.

# We take care of the land as the land takes care of us.

As the land gives to us, it is our responsibility to give in return. When picking berries, it is important to be respectful. We share the forest. Take only what you need and can sensibly process, leaving berries behind for our animal relatives. Taking care of the land also means protecting Mother Earth in a larger sense. Learning about commercial fishery verharvesting, oil pipelines, mining, logging, and other damaging and unsustainable human industries is a great place to start. Protesting, contacting legislators, voting, volunteering with local environmental groups, thinking about where



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you spend your money, and sharing what you learn are just a few ways to get involved. Together we can unite in defense of Mother Earth, becoming caretakers and ensuring a future for all.

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# We are a part of the land as the land is a part of us.

We are not separate from the natural world. Even in the city, nature is all around us. It is all one song. The Tongass National Forest, where my family and I live, and where I set this story, is the largest intact temperate rain forest in the world and the largest national forest in the United States. Not only is it incredibly important to us humans and our nonhuman relatives that live here, but it is vital in helping combat the global climate crisis. The Tongass is home to the traditional territories of the Tlingit, Haida, and Tsimshian nations, who have coexisted in balance with the land since time immemorial. Today, Native and non-Native people work together to protect these wild lands. Indigenous history and rights, land sovereignty, and environmental justice are closely intertwined, and I encourage you to listen to and lift Indigenous voices. In many places around the world, Indigenous peoples are leading the way in protecting our planet. I encourage you to find out whose traditional territory you call home, learn about their history and the issues they are facing today, and seek ways to engage.

Gunalchéesh!

