Personal Profile

You will write a one page, double spaced “personal profile”. It should be edited but it is still considered a “rough draft” for the intent of this exercise. We will be using this as a draft to show growth in writing.

The following exercise is one that is needed to apply to UBC, but many post-secondary institutions and jobs will ask you similar questions and you will be evaluated on your response.

Here is the link to UBC’s website: [Applying to UBC- Personal Profile](https://you.ubc.ca/applying-ubc/how-to-apply/personal-profile/)

Most institutions/employers want to see the following in your writing:

* Correct grammar and mechanics
* A “voice”- sound like *you*, not a robot
* An ability to reflect and understand one’s growth. Everyone makes mistakes- what have you learned? (But keep it clean! They don’t need to know about ALL your mistakes)
* That you have done something with your life!

**Here is what UBC states:**

**Preparing for the Personal Profile**

Each of the Personal Profile questions requires short essay responses (50 to 200 words), so you’ll want to think about your answers before you start your online application. Here are three tips to keep in mind:

* **Take time to reflect.** Instead of simply listing your accomplishments and experiences, tell us what you’ve learned from them.
* **Be specific.** Use details to provide context and elaborate on your answers.
* **Be true to who you are.** Don’t focus on what you think we want to hear. Use your unique voice to tell us what you want to say.

**This is what I would like you to do:**

* Choose TWO of the questions below.
* Answer each in 150-200 words. **No more, no less**. (a total of 300-400 words for the whole document)
* Take time to reflect. This is a rough draft right now, but by the end of the semester, it will have been edited many times.
* This is a “formative” assignment. There is no grade attached, just feedback. It will be assessed at the end of the semester based on an illustration of your progress and effort.

**Personal profile questions**

Depending on which degree(s) you apply to, you’ll be asked to answer some or all of the following questions in your Personal Profile:

* Explain how you responded to a problem and/or an unfamiliar situation. What did you do, what was the outcome, and what did you learn from the experience?
* Briefly describe the culture of your school community and your involvement within it. What impact has the school culture had on you? How would you enhance or change it?
* Tell us about who you are. How would your family, friends, and/or members of your community describe you? If possible, please include something about yourself that you are most proud of and why.
* What is important to you? And why?
* Describe up to five activities that you have pursued, or accomplishments achieved in one or more of the following areas. Please outline the nature of your responsibilities within these activities. (50 words per description)
	+ Club
	+ Family/community responsibilities
	+ Creative or performing arts
	+ Work/employment
	+ Athletics
	+ Volunteer
	+ Service to others
	+ Other(s)
* Tell us more about one or two activities listed above that are most important to you. Please explain the role you played and what you learned in the process. You will be asked for a reference who can speak to your response.