



Core Competencies Self-Assessment



Name: Stephy Wong

Date:



How does the artifact you selected demonstrate strengths & growth in the communication competency?

In what ways might you further develop your communication competency?

Self-Reflection

Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.

I sewed a knitted sweater in my Textiles 11 course last month. This artifact demonstrates strengths and growth in the critical thinking and creative thinking area.

I can explore materials and actions. I can experiment with different ways of doing ways. I found out another sewing method which works out the same, as I felt like the method teacher taught us was too complicated so I tried a few time with many different method on strips when I was still exploring.



How does the artifact you selected demonstrate strengths & growth in the thinking competencies?

In what ways might you further develop your thinking competencies?

I build on others' ideas and add new ideas of my own, or combine other people's ideas in new ways to create new things or solve straightforward problems. I saw my favourite singer wearing a white Chanel sweater which has a wide neckline. I love that so much therefore I add a wide neck on my sweater.



How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?

In what ways might you further develop your personal & social competencies?

Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

1. Categories - Self-Assessment
2. Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.
 - #creativethinkingcc
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 - #criticalthinkingcc
 - #socialresponsibilitycc
 - #personalidentitycc
 - #personalawarenesscc
3. Use the [Add Document](#) button located at the top of your post page and embed your self-assessment at the bottom of your blog post.
4. Publish