

What do you 'stand for'? What online activity or website supports your philosophy of life, beliefs,



<https://spca.bc.ca/>
Home
The BC SPCA rescues animals from abuse and works to protect and enhance the quality of life for all animals in B.C. Join our fight to end animal cruelty!
The

The website that goes along with my beliefs and my values is the SPCA because I'm a huge animal lover, and I've grown up with them around so I'm super used to them and how they should be treated. The SPCA cares for the animals and also has a hotline number where you can report any animal abuse to them and someone will come and rescue the animal from the situation. The quote is off the website and its "Speaking for Animals." I think it captures the message of what they do because animals can't talk, so it's up to people to judge their feelings and see the signs of when something might be off.

Sophia Dato

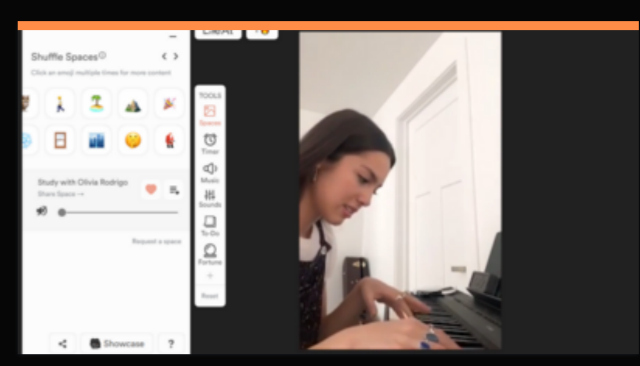
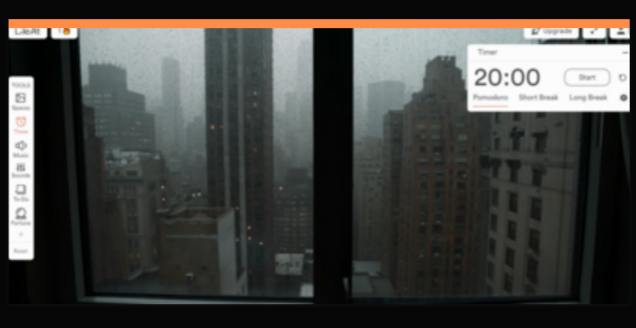
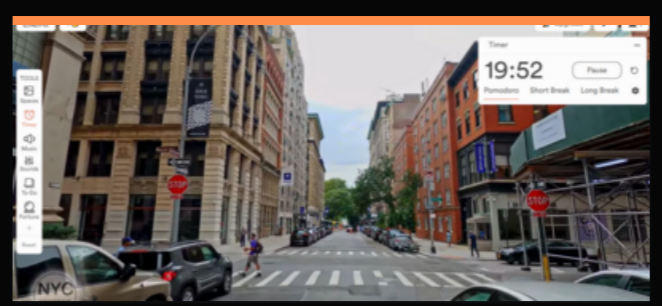


I'm Sophia Dato. I enjoy writing and reading. I write some of my own short stories here and there but nothing serious, it's all for fun. I'm planning on going to post secondary for teaching, elementary school is my top pick because I get along well with younger children, and I am the oldest cousin in my family so I have the experience. I do musical theater at school, and I used to do it outside of school before my studio got shut down. It's one of my favorite things to do and everyone I've met is super nice and I've stayed friends with a bunch of them because we share the same interests.

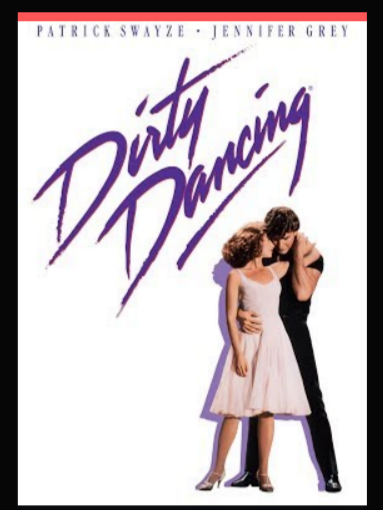
What is a recent online discovery, what niche area of the internet have you discovered

LifeAt Spaces
<https://lifeat.io/space/192>

I saw this website on Tik Tok where you are able to study with the background noise of a city or a café, even study with celebrities. I think it's super cool because I listen to city sounds when I study or do homework, I even go and sit at waves or any café just to add to the experience. I don't like to study in the quiet or in my room so when it's late or I can't go anywhere due to weather this website is great! I can just pop in my earbuds and keep the tab open as I do whatever I need to get done.



Fave Video
Dirty Dancing
<https://www.imdb.com/title/tt0092890/>



For the video I ended up choosing a movie, and that movie is Dirty Dancing. I couldn't put my finger on it when I found the movie, but it's always been around since my best friend is a huge fan of the 80's movies and music. Since then, she's rubbed off on me and now I really enjoy the entertainment of that era. I can confidently say I'm able to quote the movie either in its full or just the more well-known lines and lyrics. Something about the movie has magic in it, somehow I can watch it a million times and never get bored of the storyline, maybe it's the acting or maybe it's just because of Patrick Swazye.



What are you passionate about? What inspires you? What feeds your soul? What makes you connected

I am passionate about musical theater because of the energy that you can create within a space. Theater itself is inspiring to me because you are creating a world within a group of people, we are creating something people go to watch and they use that to share experiences with other people, and that also ties into what feeds my soul when I perform. It's letting people see the finished product but within that finished product is the jokes, and the laughs and the little mistakes when dancing that no one notices because it looks so put together while you share a secret smile with someone beside you.



What makes you laugh? What helps you escape? What is your online 'go-to' happy place?
Pinterest:
<https://www.pinterest.ca/>



Favorite App
Pinterest:
<https://www.pinterest.ca/>

This question ties into the favorite app as well, so the answer to both is Pinterest. I like the app because it is the social media without the social aspect. I don't have to comment or having to see anyone's photos on what they are doing. I can just look at whatever I want, clothes or text posts, or other people's drawings or stories about something. I can make boards and keep things organized with whatever I want in them, and people don't comment on those either because everyone is doing their own thing as the app generates posts based on what you've pinned lately.

A symbolic object that represents a significant aspect of your identity

Shopping Bags

I chose a shopping cart because I really love to shop. For anything, I find shopping can keep me more relaxed, I get to take my time and look around, feel fabrics, try things on. I also think that shopping is something I can keep under my control, I can go off my list, which is easy for me to see what stores I need in and can keep me from going off and getting distracted if I'm in a rush or looking for something particular. Shopping for me is something I love to do with friends, so I'm always at the mall with some of my friends on a friday or a weekend.



My Fave song:
Everybody Loves Somebody. (Dean Martin)
https://www.youtube.com/watch?v=z-2_OstqR5c

<https://open.spotify.com/track/5l9sHwLDX28tI>
Everybody Loves Somebody

The song I chose was 'Everybody Loves Somebody' By Dean Martin. The reason I chose this song is because when I was small my grandmas on both sides of my family would always have Dean playing, so I was listening to him a lot growing up. This song grew on me the most and it's also a song that can be played in any mood. It's not a hard listen either, the melody is simple and the lyrics are repetitive and easy to understand, so I have it on a lot of the times when I do homework.

