Food Waste Prevention Plan

Food waste is something very important to me and I usually try to be as food waste conscious as possible. At home I do a better job of making sure that everything is thrown away in the correct places. At home the garbage and the compost bins are more accessible, than school or outside. I make sure that I eat all the food that I order or make at home as much as I can because I remind myself that others in the world aren’t as lucky as me to have what I have. Sometimes when I bake or cook, the final product may not always be the best, so it may go to waste. I try not to use too much water when I wash dishes because there are countries that the people don’t have access to clean drinking water, yet we take it for granted and don’t think about it. In my opinion I think that I sometimes don’t make the best decisions at school. For example, when I need to throw away my orange peels, I don’t want to have to go hunting for a compost bin when I am in a hurry trying to get to my next class. One time I went all around the school just to find a compost bin and in the whole school, I found only one or two in the hallways. I think that the school can do a better job at equally distributing compost bins throughout the school, so then students can make better choices. I can improve by making sure that others don’t leave the tap open when it isn’t being used. Even if the school doesn’t do anything about making the compost bins more accessible, I should sill try to still find the nearest compost bin. I think that with the summer months coming up, the best thing to do is to freeze fruits before they spoil and use in smoothies. If you have a fruit tree, preserve it by making jam. Overall, there are many ways to prevent food waste but these were some of the things that I need to improve on and I know I can do better next time.