



Core Competencies Self-Assessment



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How does the artifact you selected demonstrate strengths & growth in the communication competency?

In what ways might you further develop your communication competency?



How does the artifact you selected demonstrate strengths & growth in the thinking competencies?

In what ways might you further develop your thinking competencies?



How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?

In what ways might you further develop your personal & social competencies?

Self-Reflection

Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.

For this project I used *critical thinking* and *creative thinking* because I needed to create my model off something from the work book I needed to find something I enjoyed and that would make a cool project. In the process of creating my model, I wanted to make something that would be very stable and function well with not a whole lot of friction. When my pulley printed, it was not what I expected, it was much smaller and the actually pulley part had supports around it that were difficult to pull off and left part of the pulley rough and a little bent. I used critical and creative thinking when removing the supports and was able to do it without cutting myself, I also got Elijah to help me after I had been doing it for over an hour, outsourcing my work in removing the supports was creative and allowed me to focus on other aspects of my project. Another issue was that the first structure I made with the weights was very long, and would hang down, making the pulley not self sufficient, so to fix it I made another set of weights and included both in my final blog post.

Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

1. Categories - Self-Assessment
2. Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.
 - #creativethinkingcc
 - #communicationcc
 - #criticalthinkingcc
 - #socialresponsibilitycc
 - #personalidentitycc
 - #personalawarenesscc
3. Use the [Add Document](#) button located at the top of your post page and embed your self-assessment at the bottom of your blog post.
4. Publish