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| **Name:** Megan Antosh | **Date:** 02-21-2023 |

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| Related image**How does the artifact you selected demonstrate strengths & growth in the communication competency?****In what ways might you further develop your communication competency?** | **Self-Reflection**Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process. **One of the points of emphasis in the project was creative thinking. How well do you** **think you did in this area? What are some specific areas of your assignment that you feel are creative?** I feel that with this project, I showed my creative thought process well considering the number of drawings, pictures, and flow in flow in script I had when recording. Considering my strengths and growth when doing this project, I think it helped me think more outside of the box because I was trying to be as original as possible when it came to the look of my video. The parts where I included animation stan out to me considering it is one of my first times doing animation. I dealt with my patience well while doing the animation. **When you submit your video to the contest, how do you think it might stand out, compared to the other entries.** I think that my video would be able to stand out well considering I added animation throughout my video. I am proud about the voice over as well and the ideas that I had to share throughout my video. A part I think I thought about well was the part where I said that art was a Universal language; this may help me to stand out. **Why might creative thinking be important in your future endeavors, regardless of what that might look like?**In my opinion, I feel that it would help well when problem solving. Not all problems need a logical solution and if it does require it; creatively thinking can help solve the problem from a different perspective. It was also help when doing speeches or being in a meeting. The creative ideas can help further improve whatever company or self-employment business you may be working with/on.I am glad with the outcome of the video, although I do feel that I could have done better near the end, all together the video is satisfactory and pleasing to look at. I would further develop my thinking competencies when it comes to the formatting of the video. Throughout the creation of my video, I skipped many parts and went back to it after completing separate parts of the video. It slowly turned difficult to deal with considering the gaps in the editing that I had to fix afterwards. Developing my thinking skills about planning and organizing can fix this problem and make it easier to complete video editing projects in the future. |
| Image result for core competencies BC**How does the artifact you selected demonstrate strengths & growth in the thinking competencies?****In what ways might you further develop your thinking competencies?** |
| Related image**How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?****In what ways might you further develop your personal & social competencies?** |

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