



# Core Competencies Self-Assessment



Name: Mateo

Date:



How does the artifact you selected demonstrate strengths & growth in the communication competency?

In what ways might you further develop your communication competency?

## Self-Reflection

### Mateo and Aiden's Podcast

With me and Aiden's podcast assignment I demonstrate creative thinking because when we were working together, we were generating ideas about the podcast cover and how we should design are podcast and using effects in are podcast. During the time we made are podcast we where contacting each other at home for are podcast and what can we do to make it effective and discus are ideas on how the podcast should sound and deign the cover. Overall we demonstrated novelty and value because we took responsibility to use the time and class and we valued are work ethic together by contacting after school and having discussions about what are plan was and we both took value in doing the projects are own separate ways during the weekend we had to separately voice record which took value and novelty to do and we took action instead of leaving it due last minute. The podcast itself demonstrates.



How does the artifact you selected demonstrate strengths & growth in the thinking competencies?

In what ways might you further develop your thinking competencies?

- How does your artifact tie in with what you have learned before? How has your thinking changed? What made it change?

Before I did the podcast I had an understanding of residential schools but with this podcast I learned more about indigenous culture and I improved a more understanding of what the indigenous have went through and, I also learned about the march against indigenous woman being killed I didn't have an understanding until I stepped into this class which I overall think I expanded my learning in this class.



How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?

In what ways might you further develop your personal & social competencies?

- How do you come up with ideas when you want to make something new at school or at home? Tell me about a time when you felt good about a new idea you had.

Well for me and Aiden's podcast we came up with are ideas in the class but mainly on Instagram we would text each other based on what are cover was going to be and what features and background noise can we put in are podcast so it connects with the theme. The time I felt good about an idea is when we overlooked it we were surprised because we had a good cover that relates with the topic and also are podcast itself sounded professional and clear so we where amazed with are selves and we felt positive about are podcast.

## Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

- Categories - Self-Assessment
- Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.
  - #creativethinkingcc
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  - #criticalthinkingcc

- #socialresponsibilitycc
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