



# Core Competencies Self-Assessment



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How does the artifact you selected demonstrate strengths & growth in the communication competency?

In what ways might you further develop your communication competency?



How does the artifact you selected demonstrate strengths & growth in the thinking competencies?

In what ways might you further develop your thinking competencies?



How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?

In what ways might you further develop your personal & social competencies?

## Self-Reflection

Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.

In the process of completing the Rube Goldberg Project I had to apply my critical and creative thinking. I showed my critical thinking in the developing of my machine I had to come up with many different ideas and chose which one would work best. I also had to use my critical thinking when making my diagram of my design to make sure the idea was logical and completed the desired task properly. I had to use my creative thinking as well during this project at certain points if a planned part of my machine was not working as I wanted it to I had to be creative to come up with new ideas that may work better.

## Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

1. Categories - Self-Assessment
2. Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.
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3. Use the [Add Document](#) button located at the top of your post page and embed your self-assessment at the bottom of your blog post.
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