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| **Name: Maddy Birtch** | **Date: May 9th, 2019** |

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| [Related image](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwib9tK134HTAhVG12MKHQsVAS0QjRwIBw&url=http://prototypes.wellahead.ca/tags/&psig=AFQjCNEK-D2NUOj2zbentxmJUqHrPJojyg&ust=1491084091920280)  **How does the artifact you selected demonstrate strengths & growth in the communication competency?**  **In what ways might you further develop your communication competency?** | **Self-Reflection**  Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.  The assignment I chose to best represent my growth in French 11 was a review booklet. The requirements were to complete a booklet of review from our past French units, lessons 1-6. The booklet was able to be completed by using the past worksheets, meaning it was open book, but still a tests to your knowledge. I had realized right from the first question that I didn’t retain a majority of the information from the first few units, ultimately illustrating to me how a language must be practiced frequently if you are wanting it to stick in your mind forever. Especially French being my second language, a lot of these topics I don’t review of used daily expect for the hour class I have 5 days a week. Other than the vast amount of reviewing I had to do, topics emerged that I actually could remember, these were ones I used more often, like verb conjugation, obligataire permis and interdit. These are all topics we spent extra time on, repetition of them causing my memory to be less foggy when trying to recall what to do. From this review package my thinking competencies were improved from the ability to remember and retain information and how to do it effectively. |
| [Image result for core competencies BC](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjWzZCh34HTAhUBx2MKHXlPDCcQjRwIBw&url=http://prototypes.wellahead.ca/tags/&psig=AFQjCNEK-D2NUOj2zbentxmJUqHrPJojyg&ust=1491084091920280)  x  **How does the artifact you selected demonstrate strengths & growth in the thinking competencies?**  **In what ways might you further develop your thinking competencies?** |
| [Related image](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwj1sYCv34HTAhVO7mMKHeQ2Am4QjRwIBw&url=http://prototypes.wellahead.ca/tags/&psig=AFQjCNEK-D2NUOj2zbentxmJUqHrPJojyg&ust=1491084091920280)  **How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?**  **In what ways might you further develop your personal & social competencies?** |

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