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| **Name: Lindsey Webster** | **Date: February 20, 2020** |

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| Related image**How does the artifact you selected demonstrate strengths & growth in the communication competency?****In what ways might you further develop your communication competency?** | **Self-Reflection**Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.How did you make your project unique so that way it’ll stand out and be different from other projects? For my immersion clip I decided to write a song because music is a very big passion of mine. I think it’s different than other people’s projects and a little outside the box.How did you come up with your ideas? Inspiration? I decided to write a song because I have written them in the past and I find it fun. I decided the theme of my expressions was going to be love because it’s pretty easy to write a song about love or heartbreak.What were some challenges you faced throughout the project? I didn’t really face that many challenges, but a few was actually writing the song in French because I have never written a song in French, I have only written them in English. But once I actually started to write it, it kind of became pretty easy and the lyrics kind of just came to me. |
| Image result for core competencies BC**How does the artifact you selected demonstrate strengths & growth in the thinking competencies?****In what ways might you further develop your thinking competencies?** |
| Related image**How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?****In what ways might you further develop your personal & social competencies?** |

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