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| **Name: Kylee Holms** | **Date: November 12, 2019** |

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| [Related image](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwib9tK134HTAhVG12MKHQsVAS0QjRwIBw&url=http://prototypes.wellahead.ca/tags/&psig=AFQjCNEK-D2NUOj2zbentxmJUqHrPJojyg&ust=1491084091920280)  **How does the artifact you selected demonstrate strengths & growth in the communication competency?**  **In what ways might you further develop your communication competency?** | **Self-Reflection**  My artifact is an article I wrote for Riversides online newspaper, *The Eddy*, in my journalism 12 class. The article is titled “[LGBTQ+ history needs to be included in school curriculums](http://riversideeddy.ca/lgbtq-history-needs-to-be-included-in-school-curriculums/).” The two core competencies this artifact shows my strength and growth in are creative thinking and critical thinking.  Writing this article took a lot of research and critical thinking; I had to think about what information I was going to cover, the extent of it and which topics I would touch on. I also had to be aware of which sources I was using and how accurate they were as well as making sure I used multiple different sources.  The creative thinking aspect of this article was largely putting the information together into an informative and interesting article; it may not seem like such an article has anything to do with creative thinking, but it takes creativity to be able to tell information in such a way that makes one want to keep reading. I had to present facts and knowledge to my readers in a way which would pull them in; this took a lot of creative thinking on my part.  This article also shows how much I’ve grown in these two core competencies; compared to an article I wrote two years ago, or even one year ago, my writing has very clearly gotten much better. I am more effectively able to communicate information to my readers in an interesting and factual manner. I’m also able to interpret creativity into story ideas and how I present my stories/information.  I chose this story, also as my most recent one, because I am quite proud of it. No matter how many times I read it, I still find it very interesting and enjoyable. My writing skills have also increased tenfold compared to older stories I’ve done, which is visible in this story. |
| [Image result for core competencies BC](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjWzZCh34HTAhUBx2MKHXlPDCcQjRwIBw&url=http://prototypes.wellahead.ca/tags/&psig=AFQjCNEK-D2NUOj2zbentxmJUqHrPJojyg&ust=1491084091920280)  **How does the artifact you selected demonstrate strengths & growth in the thinking competencies?**  **In what ways might you further develop your thinking competencies?** |
| [Related image](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwj1sYCv34HTAhVO7mMKHeQ2Am4QjRwIBw&url=http://prototypes.wellahead.ca/tags/&psig=AFQjCNEK-D2NUOj2zbentxmJUqHrPJojyg&ust=1491084091920280)  **How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?**  **In what ways might you further develop your personal & social competencies?** |

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**You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.**

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