

# the **eddy** riverside secondary



Vol. 11 No. 3

Wednesday, November 15, 2006

Port Coquitlam, B.C.



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# Opinion/Editorial

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## Student council stuck in neutral

Riverside student council has always been an important part of this school and a voice for its students. In the past it has been a way for the student body to voice their opinions to the staff and administration of the school. However over the last two years student council has lost much of its integrity in the eyes of many students.

Student council elections have become much more of a popularity contest among students instead of to an actual election of those who could represent students.

The candidates who were elected for student council this year presented platforms during elections that were more intent on gaining laughs as opposed to political support. "I thought the platform's needed more substance," said student council sponsor Ben Lepore.

In the past student council has continued to make promises that have gone unfulfilled for too long. Where are the microwaves, water coolers, clocks, two-ply toilet paper and ATM machines? Where is the debate over issues that are important to students like tuition fees, government policies, Portfolio, and grad requirements?

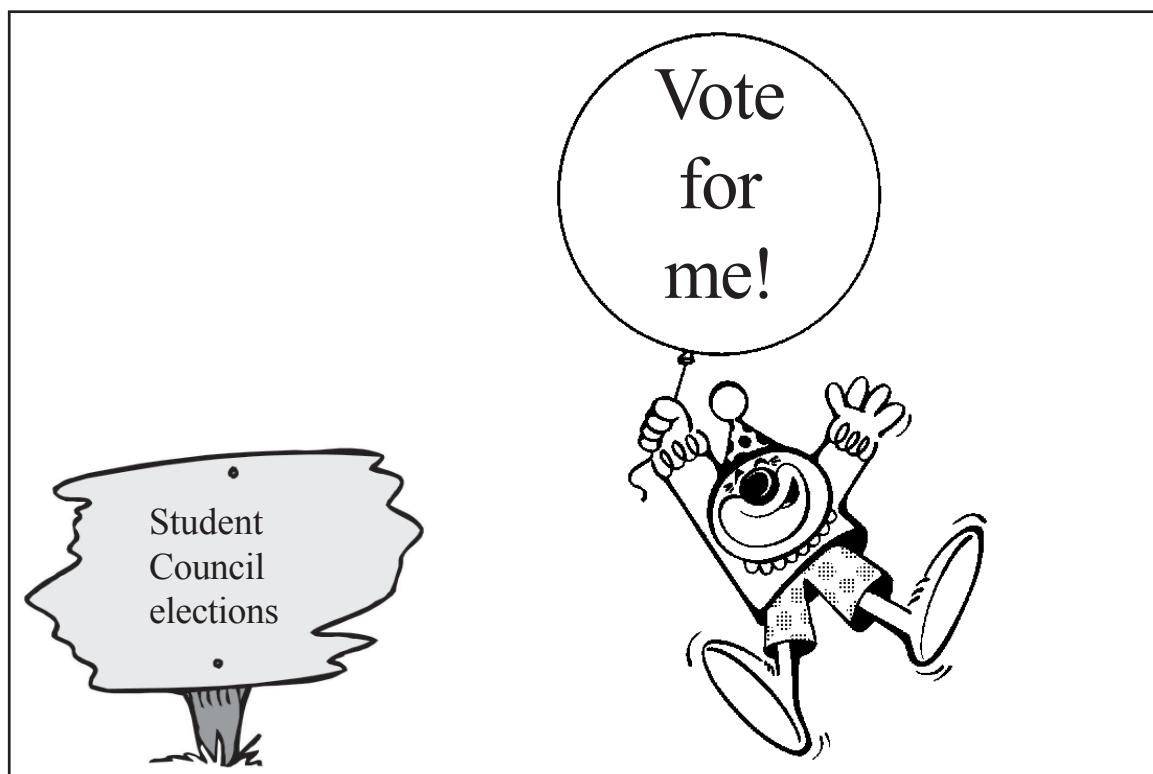
Student council is composed of elected representatives and members at large. The difference between these two groups is that members at large are unable to vote on issues while representatives can. If a representative misses three meetings without an excuse he/she will be asked to hand in their resignation and a new representative is chosen. Ironically, this rule was created to monitor those who were elected but abused this privilege by rarely showing up. It's to council's credit that there are a large number of members-at-large that attend every meeting despite lacking voting privileges.

This year there is a disappointing lack of equal representation on student council. Not a single grade 12 girl was elected. "I think it was a popularity contest and they're not going to get anything done," said a grade 12 student who wished to remain anonymous.

Student council is currently working on a survey for students to find out where they would like student council to go this year. Student council representatives were supposedly voted in because of the platform and promises they presented on election day. Since most of them were stand-up routines it's not surprising the council is, so far, rudderless.

Mr. Lepore and Mr. Lemieux, teacher sponsors of student council, are currently pushing student council to become involved in activities not only at Riverside, but also within the community. Focal points will include a revision of the code of conduct for the school and also petitioning the city to reduce the speed limit for Reeves Street. They are also asking student council to consider looking into rights for part time student workers as they believe that many students are unaware of exactly what those rights are. Although these ideas could potentially mean significant changes for Riverside's reputation and its students, one can't help but wonder if it's setting the bar a little high for the current student council crop.

This Eddy has offered council space each issue to get their information to the student body. Nobody has yet volunteered to expend enough energy to provide the 250 words per issue. Council needs to get out of neutral. The year is almost half over and very little has been accomplished.



## POINT COUNTER POINT

### Call locating is convenient

KELLY HERNANDEZ  
COLUMNIST

A woman called 911 from her cell phone begging for help. She was locked in the trunk of her boyfriend's car and didn't know where she was. Within a few seconds her call was disconnected and the woman was never seen or heard from again. If call locating had been available, police and search teams could have traced the signal coming from her cell phone, and would have been able to figure out her location; she would have received help.

Call locating benefits children,

teenagers and even adults. It may seem strange that an adult may benefit from call locating but when worst comes to worst accidents or health issues do occur. Teenagers want freedom and most parents would like to limit that because they know the dangers of being young, and although the teens may think that this is an invasion of their privacy, parents want what's best for their children. No parent would want to open the door of their home and find a police man coming to inform them that their child is missing. No teen would like to get a call telling them that their best friend was missing, or murdered. Call locating can minimize situations such as these ones and can keep the youth safe.

Technology today is allowing medical, fire and police teams to locate and to respond to callers in

distress much easier than ever before because of the Federal Communication Commission's idea to use call locating. The FCC's initiative was aimed at allowing emergency services to quickly get information on the location of a cell phone user in the event of a 911 call.

With call locating, people of all ages are able to feel safe walking outside at any time without fear that they may be harmed and know that if they need help, they can be located in an instant and receive care. Teenagers may not appreciate call locating due to the fact that they feel uncomfortable that their parents may locate them wherever they may be, but they need to look at the reality. Teens need to be safe wherever they go and call locating ensures that people can receive help.

### Call locating: an invasion of privacy

MARIA IVANOVA  
COLUMNIST

A 15 year old boy has just finished watching a movie at the theatres and decided to step across the street for some dinner. As soon as he steps out of the theatre, his parents receive a message on their cell phones telling them that he has left the area he was supposed to stay in.

The same way the police track criminals can now be used by parents to track their children. Cell phones have done wonders for allowing teenagers more freedom, however this was taken to an extreme when Telus launched a

new feature allowing parents to know the exact location of their children, via their cell phones.

Tracking children is unnecessary. Parents already have the ability to call their children and inquire as to where they are. The only plausible explanation for treating them like criminals, instead of children, is that they don't trust them. A problem as big as a lack of trust in a relationship, will not be solved by new technology (as advanced as this technology may be.)

As much as everybody loves their parents, nobody wants an electronic leash connecting them to their parents 24 hours a day. Teenagers need a touch of freedom and some privacy to mature. Let's also not forget that teenagers will eventually figure out a way to cheat the system if they find it unfair. It can be compared to teaching a dog

new tricks. If the dog's biscuits are hidden in a new place they will figure out a new way to get to them.

The new technology itself can be very valuable when used in different ways. For example, it would be ideal for getting directions or in more extreme situations like tracking a kidnapper.

In the case of a kidnapping, parents or the police have a legitimate reason for tracking down the cell phone and thus the child. The new technology is brilliant as long as it's not used to follow someone's every move.

New gimmicks that allow parents to surveil their children and replace trust with technology are constantly being developed. It was Goethe, a German polymath, who said, "None are so hopelessly enslaved as those who falsely believe they are free."

## the eddy

riverside secondary

The Eddy has been the independent voice of the students of Riverside Secondary since 1996 and is produced monthly by the Journalism 11 class.

Journalistic styles and standards conform to those of the Canadian Press. The Eddy welcomes letters to the editor. Letters, however transmitted, must be signed and free of libel.

Additional articles, writing, and opinion pieces are accepted and will be published as space allows.

The Eddy reserves the right to edit all submitted material for brevity, and style. Advertisers can reach the Eddy at [eddy@sd43.bc.ca](mailto:eddy@sd43.bc.ca) or by contacting Riverside Secondary.

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# Down by the Riverside

Do you object to the human bodies being displayed at Science World?



Kelly Hernandez/The Eddy

**Ashley Ramsay, Grade 12**

"Yeah, I don't know. It's just realistic. If people are disgusted they shouldn't go see it."



Kelly Hernandez/The Eddy

**Andrew Samuel, grade 11**

"It depends on who is looking at the bodies. It is informational but then again it is a person's body."



Fatima Aziz/The Eddy

**Lisa-Jane Hayfron, Gr. 10**

"It takes the dignity away from people, when displaying the human body as a piece of art."



Kelly Hernandez/The Eddy

**Rebecca Andreola, Gr. 10**

"I think it is very beneficial to look at these things. People donate their bodies to science so people can actually learn things."



Kelly Hernandez/The Eddy

**Grade 9, Allison Mullock**

"I think it's gross because it is too graphic for kids at any age."

# Veiled threats: an affront to personal freedom

The outlawing of veils in public places around the world is discriminating against personal freedom and religious beliefs.

FATIMA AZIZ  
COLUMNIST

In certain countries women are obliged by law to wear what is known as the veil. Many people may argue that such a law takes away the freedom of choice for women. Recently the same people that criticized Iran for obligating women to wear the veil are imposing similar restrictions.

The veil was targeted when Britain's former foreign secretary Jack Straw found support by Prime Minister Tony Blair, his finance minister, Gordon Brown, and controversial author Salman Rushdie for raising the issue of outlawing

the wearing of veils by muslim women. Blair said that Straw was perfectly sensible in addressing the issue, while Rushdie used stronger language:

"He [Straw] was expressing an important opinion which is that veils suck, which they do," the British Indian author, who was raised as a Muslim and is now an avowed atheist, told BBC radio.

Blair said that Britain's Muslims should be encouraged to integrate with mainstream society, falsely implying that the veil is an obstacle in the way of integration. Blair's remarks, which came two weeks after ignorant remarks made by the former foreign secretary and now leader of the House of Commons, Mr. Straw, in which he said that Muslim women visiting his office should remove their veils, say-

ing that it was a "visible demonstration of separateness" in a coun-

**Wearing the Hijab doesn't mean just putting a piece of cloth on your head; it is an attitude, a way of thinking and a behavior. Basically it constitutes an Islamic way of life.**

- Fatima Aziz

“

try where "parallel communities" are forming.

This perception of the veil as

an obstacle to social integration is held in many places around Europe such as France were some European feminists argue the girls are forced by authoritarian communities to wear the headscarves and so the government policy will free them.

Free them by constraining them with a different cultural authority? If people were informed about its origin and its meaning more people would not be so intolerant.

The term veil has its own word in Arabic called Hijab. The Hijab is the dress code for Muslim women. They should wear loose clothes that cover their whole bodies, except their faces and their hands. Yet, wearing the Hijab doesn't mean just putting a piece of cloth on your head; it is an attitude, a way of thinking and a behavior. Basically it constitutes an Islamic way of life;

it is a statement which should portray a certain attitude. The whole idea involves conducting oneself with dignity at all times.

The Hijab is a symbol, which identifies the one who wears it as a Muslim woman. Hijab does not restrict the Muslim woman from doing the kind of things she wants to do. It is a blessing because it makes her watch her behavior continuously, it grants dignity and self respect, where it applies the rule of obtaining respect to her body.

Wearing the veil is not an obstacle to democracy. Wearing the veil is not a harbinger of terrorism. Wearing the veil is not the beginning of parallel communities. Wearing the veil is a freedom that is ironically being denied by the very society that has freedom as one of the keystones in its culture.

# What's inside the bottle?



Not too long ago I bought a bottle of water from one of the school's vending machines. I was thirsty; what better way to combat thirst than with a nice bottle of cool, refreshing, water? Eagerly I sat down and reached for the cap, my mind on nothing but the clear, wholesome, liquid that would soon be running down my throat. When I twisted the cap my ears were met with the kind of hissing noise you'd expect when opening a can of pop. Is water supposed to do that? I don't believe it is.

This may not seem all that strange as, I've learned, hissing is fairly common with bottled water.

Commonly, bottled water comes from groundwater; to be labeled spring or mineral water it has to come from an underground source. According to the Canadian Environmental Law Association (a non profit organization that uses the law to protect the environment) the only difference between mineral and spring water is that mineral water has a lot added to it, often more than 500 milligrams per liter of dissolved solids, such as salts. Besides that, you can't just take large amounts of groundwater from an area and expect there won't be any effect.

It is suspected that this consumptive use of groundwater

could hurt the flow of streams and lakes, which would put strain on ecosystems.

In addition to those flaws, it takes a lot of energy to make all those plastic bottles; bottles that make up 9.3 percent of plastic in our area's landfills. Even when they're recycled it means using more energy.

Everything to do with bottled water is a waste; a waste of groundwater, a waste of energy and a huge waste of money.

Many of us complain about the price of gasoline, but on a litre-to-litre basis you're paying more for bottled water. And it's completely unnecessary.

Why pay for bottled water when you can get the exact same thing, probably of better quality, for free?



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# Grade nines shadow careers

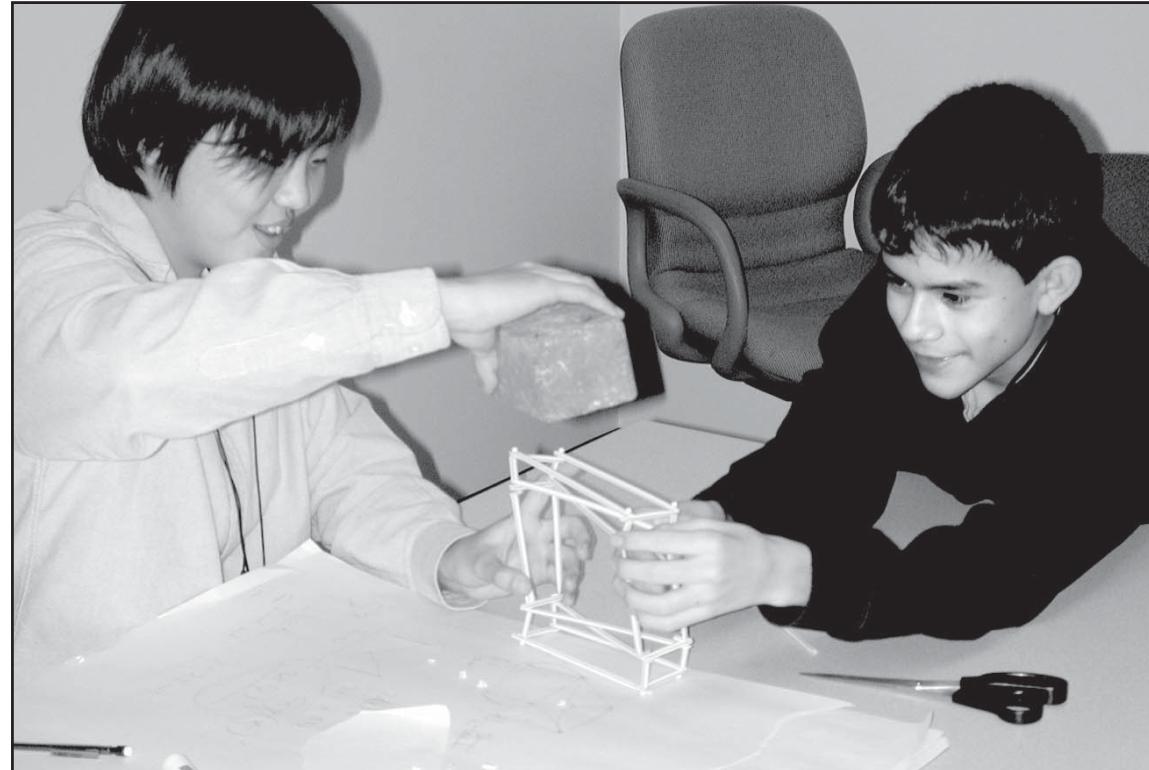
**Natasha Wiens-staff reporter**

Some teenagers dream about saving lives and curing diseases when they are older. Others want to teach children how to solve math problems or how to read. Some teenagers only dream of what it would be like to be a TV reporter or on the radio.

Many students want to experience what real work is like—maybe and see if what their parents do for a living is something they would like to do as well so on November 1, grade 9 students from all across Canada got an opportunity to go to work with their mom, dad, relative or family friend. Students gained a new appreciation for what the adults do every day.

"I went to my dad's work in Burnaby. He's a school teacher at Edmonds elementary. While I was at my dad's work, I learned that little grade fours are fun to teach. I might want to be a teacher when I grow up," said grade 9 student Danielle Biagioli.

Although this event has been nationwide since 1994, Take Our



Sean Samuel/ the eddy

Grade nine students from Burnaby North Secondary complete money management activity at an HSBC branch during a job shadowing event November 1.

Kid to Work day has never had many participants. However, this year it was decided that the whole

country would encourage all grade 9 students to go to a work place and learn more about the chosen

profession.

"I went to my dad's office at Hatch engineering. I designed

things with AutoCad. I think this is something I would like to be when I grow up," said John Zwieb, another grade 9 student that participated in the TOKW Day.

Sean Samuel went to the bank with his father who is project manager at HSBC. At the bank Samuel was accompanied by many other grade 9 students from the Lower Mainland and was given a tour of the bank and shown what the employees did in each department. "I had a wonderful experience at the HSBC bank and I know that this may be something that I want to pursue in the future," said Samuel.

While some grade 9 students were at their chosen career, some students were actually put to work as if it were their first day on the job. Schools, stores, offices and construction sites were all places that students visited on TOKW. If students didn't have a place to go on Take Our Kids to Work, then they had to attend school, go to all their classes and do a special assignment.

## Vancouver Symphony Orchestra musicians inspire concert bands

**Sean Samuel - staff reporter**

Riverside bands had the opportunity of a lifetime to learn from professionals when six musicians from the Vancouver Symphony Orchestra came to play for them at a practice session on October 24. Although the professionals were not present during the band concert on November 8, both bands took everything they learned and performed with renewed talent.

"The concert bands and choir have been practicing for this performance since the beginning of September to demonstrate their proficiency and educate the audience about thematic programs,

showcase their music, and to celebrate their success," said band and choir conductor Carol Sirianni.

The junior band, which consists of only grade 9's, opened the music concert playing *Canon in D*, by Johann Pachelbel followed by the Concert Choir with Choral *Moonlight Sonata*, by Beethoven. The senior band played *Clear Track Polka*, by Eduard Strauss.

There was then a solo performance by grade 12 student Patrick Naccarato who is in Sirianni's advanced guitar class and played Bourree, by Bach. Naccarato also played at Oktoberfest.

"I liked it, it was great," said Brian Harrison who plays for the

senior concert band.

Apart from the music and singing the audience also learned the history behind the composers and the significance of each song.

The concert had a World War II theme which educated the audience about some of the events of the war.

The theme was in honour of Remembrance Day. "I liked it. It had sad, happy, and thrilling parts to it," said Elliot Kim who plays clarinet for the Junior Concert Band.

This concert and the following four are fundraisers for a trip to Germany that the bands and choir will be on from March 14 to 23.



Sean Samuel/ the eddy

Drummers Jose Ramirez, Riley Raukema and Serena Moore perform during concert November 8.

## Posse gives students hope and support

**Tamara Meyers - staff reporter**

Some teachers will say she's never going to finish school, and that she'll never make it past this grade. Then this student joins posse, and is given the help and support she needs to finish her four years at secondary school. This student is able to prove to those teachers that she's able to graduate when she's supposed to with her friends. Sometimes all a student needs is a little motivation, and that's what posse can give them.

Everybody has problems, but everybody has different problems. People in posse are no different from any other students in this school. They are just getting support and advice for their troubles, because sometimes they just don't know what to do. In posse students build trust with their peers. Posse is confidential and nothing that's said leaves that room unless there is a determination of risk.

The purpose of posse is to give

Tamara Meyers/ the eddy



Youth worker Bonnie Angstadt leads the Posse support groups.

young people support in growing up so they can be more successful in school.

Posse has been a part of Riverside for six years, and is run by Bonnie Angstadt and Karen Obrien. The Posse program is expanding, as more schools are offering the program to students.

"Its one of the favorite things about my job," says Angstadt, who

is Riverside's youth worker. Obrien, who also runs the Posse program, works part time at Riverside. Not only does Obrien help run Posse at Riverside, she works in the community with other Posse groups as well.

Girls are welcome during block X from 7:45 till 9:00 in room 217. The boy's posse is after school at 3:00 in room 217.

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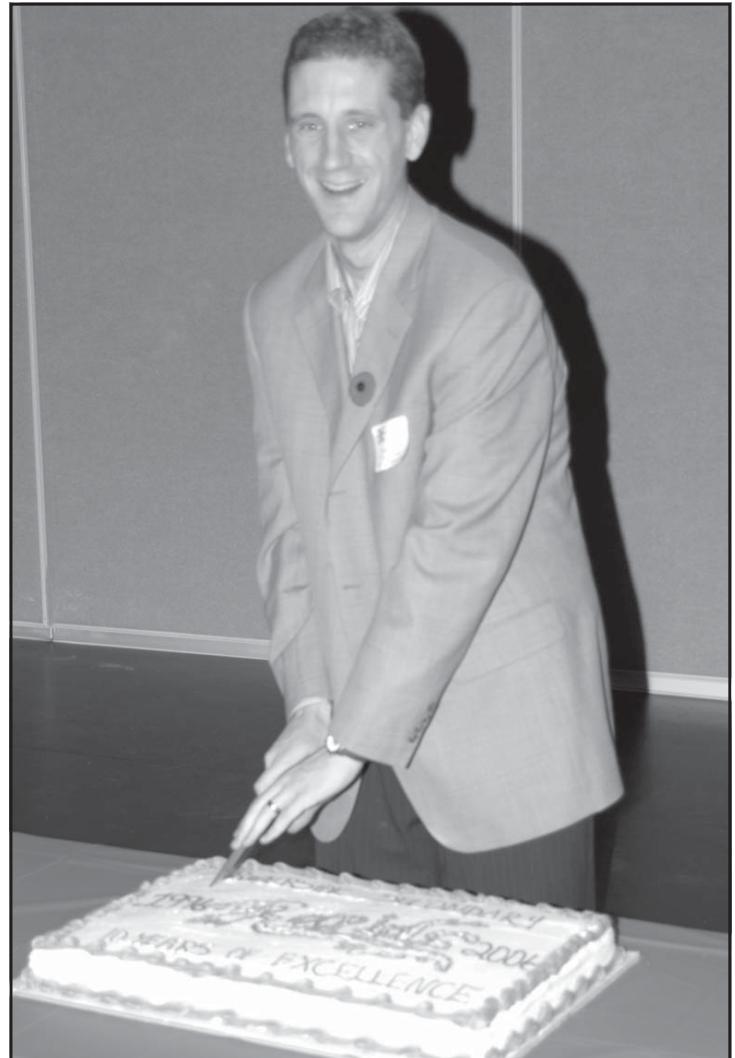
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# Happy 10th, Riverside



Kyle Packham plays the trombone at the English department's Poet's Cafe.

M. Ivanova/The Eddy



Principal Kennedy cuts the birthday cake at Riverside's 10th Anniversary.

twice during the evening and received lots of applause and appreciation from the audience for their imaginative and entertaining adaptations.

Art and Tech students displayed a model of the school that they have been working on.

Visiting Riverside Grads had the opportunity to buy yearbooks from their year, chat with old friends and see how Riverside has changed. There were displays in the hallways reminding everyone of different years and different phases that the school has gone through. "I just loved seeing the looks on people's faces when they found a particular picture that reminded them of their time at Riverside," said Grade 11 Adam Kveton.

Visitors also included past staff members. "I enjoyed seeing past staff and getting the chance to re-connect," said Ms. Diandra Sinnen, a former student herself.

The successful anniversary celebration involved staff and students and was coordinated by librarian Sue Kilpatrick, who spent weeks gathering, inviting, building, and managing the dozens of displays and events.



Lorianne Allen works on the model of Riverside.

T. Meyers/The Eddy



Greg Bower and Alvin Tse prepare to present their math Powerpoint.

M. Ivanova/The Eddy

Riverside celebrated its 10<sup>th</sup> Birthday with an open house. There were displays, performances, activities and speeches throughout the evening. Many different aspects of Riverside were represented reminding visitors what the school is all about.

A lot was mentioned about how Riverside is advancing technologically. The science and math departments set up different displays and presentations showing people just how new technology is contributing to student learning, a highlight being the new Smart Boards in the science classrooms.

The English department held a Poet's Café giving students the opportunity to read and present work they had done in their English classes or on their own time. "It was fun," said Grade 11 student Simon Kral about presenting his poem. Visitors got a chance to hear some poems, some short stories and watch a re-enactment of *Beowulf*. Milton Lim and Kaegan Donnelly performed the play

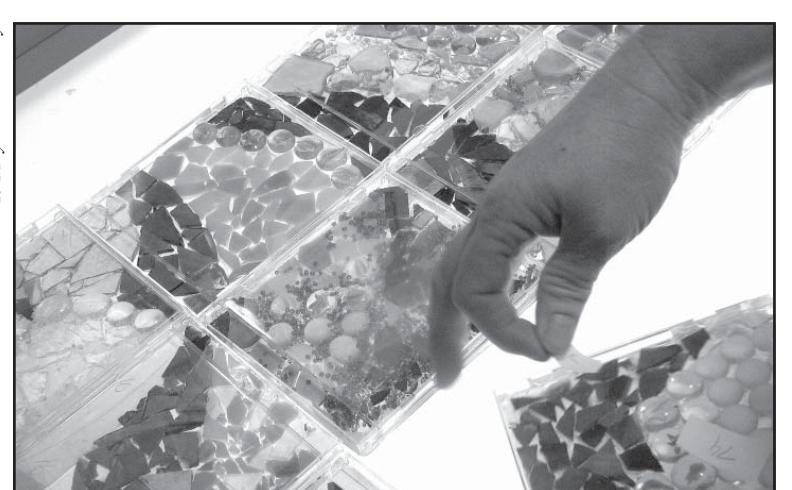


Milton Lim(pictured) and Kaegan Donnelly performed Beowulf at the English Dept.'s Poet's Cafe.



Nitasha Syed greets visitors.

T. Meyers/The Eddy



The River Mosaic CD case art project, sponsored by Mrs. Kelly Selden



Ongoing sports activities in the gym.

T. Meyers/The Eddy



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## News

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# 'I feel like a typical guy'

**Miriam Rahimi- Staff Reporter**

*'I feel sad because people don't get to know the real me, they look at me like I am just a guy in a wheelchair.'*

Kieran is a grade 11 Riverside student who is not like the rest of us in some obvious ways but exactly like the rest of us in other ways. Kieran is a student who suffers from an affliction known as Adrenoleukodystrophy (ALD) which disables major muscle movements and disables the natural position and movement of the human body. Although being afflicted by ALD, Kieran's typical day starts just like most typical 16 year old guys' routine. He wakes up, brushes his teeth, dresses for school, eats breakfast and then comes to school in a specialized van taxi to start his day. The routine is familiar but the preparation is not.

He needs assistance in dressing himself, getting into his wheelchair and eating his meals. When Kieran gets to school, he needs help getting to his homeroom, room 116.

During lunch, Kieran needs some assistance to get ready and go to the cafeteria. The S.E.A.'s help cut up his food so Kieran can start eating. Kieran is never left alone. Because of the nature of Kieran's condition, the S.E.A.s don't want to risk any chances of him having a seizure or any other medical alerts when alone, so they are always with him to help him at any time needed.

This semester holds an interest for Kieran because it includes two of his Kieran's favourite classes, gym and Spanish, along with social studies and a skills block. Gym holds his prime interest because he enjoys being involved in activities, as best as he can. Overall, Kieran is a very lively, energetic and enthusiastic young man who enjoys poetry and various activities such as the Terry Fox Run.

The affliction which Kieran suffers from, Adrenoleukodystrophy (ALD) is a

rare, inherited metabolic disorder affecting the growth and/or loss of the myelin, a fatty covering on the nerve fibers in the brain. Those with ALD are typically male, and the disease begins its expression around the age of 5 to 10. Only 1 in 20,000 individuals get diagnosed with ALD.

ALD is a disease which is taken very seriously by the medical community because it is a disorder which causes are unknown.

Kieran is at risk of suffering a grand mal seizure. After the seizure, there are headaches, drowsiness and confusion involved. Kieran hasn't had a major seizure for about a year now but he clearly remembers

**They look at me like I am just a guy in a wheelchair.**  
**-Kieran Naugler**

''

how it felt when he did. Although Kieran can sense when he is having a seizure, there is nothing he can do to stop it. Doctors adjust Kieran's seizures by stabilizing his medication dosage levels.

Before Kieran was diagnosed, he was a normal boy who did normal things like any other 10 year-old. He was actively involved in gymnastics, he ran, did sit-ups and did almost everything himself.

In 2001 Kieran's dad noticed him dragging one foot as he walked. Kieran's immediate response was shock because to his dismay he couldn't stop dragging his foot. It started then when his muscles stopped working properly, not allowing him to walk or talk easily. Kieran was 11 years old when he got his first wheelchair.

Later on Kieran's shock turned into anger and frustration because he realized he was no longer able to do things the way he used to. Although he does not regret anything, Kieran sometimes feels a lack of completeness because he is not able to move around or speak like before.

His affliction needs attention, proper care and treatment. Luckily Riverside is one of those schools able to accommodate special needs students, like Kieran. During school, Kieran is always accompanied by an S.E.A., Ms. Shelly Jones. She helps Kieran communicate with others or interpret what he says. She also reads and writes for him if he needs help. For the other times during the day, S.E.A. Mr. Jay Blaschuck, helps facilitate Kieran's activities in gym class.

Although Kieran has a disability, he also has a strong spirit and does not put himself down no matter what. There are times when people's statements or looks disconcert him and cause some anguish, but when he rolls his wheelchair down the hallways, a simple "Hi" or a friendly smile makes his day that much brighter and gives his self-esteem a boost.

He deals with his troubling emotions and distress through meaningful and powerful poems that he writes.

Kieran is a broadminded and romantic when it comes to poetry.

"The first poem I wrote was in Mr. Torresan's English class last year for a class assignment, but it eventually caught my interest and it became a habit," said Kieran.

Now poems and poetry don't come naturally to everyone; it's usually for people with special skills and motivation. For Kieran, poetry is a way of expressing himself to others and reaching out in alternate ways.

"I write poems so people can

N.Wiens/The Eddy



**Kieran working on socials homework with his S.E.A., Ms. Shelly Jones**

understand that I can understand them, think like them so they see me more than just a guy in a wheelchair," said Kieran.

Most of Kieran's poems are written during his spare time, and they carry common themes of love and friendship. In 2005, Kieran expressed his feelings to a special someone by writing what has become his favourite poem,

*Beautiful Girl*.

This year's Terry Fox Run, was a miraculous accomplishment for Kieran. In this year's event, Kieran wheeled himself part of the way around the school because he said something told him that he could do it. One reason why Kieran did this was because he felt that afterwards, people would consider him more than just someone with a disability. He felt that later on, people would acknowledge his hard work and strength because to him, this was equivalent to a marathon for the job he did with limited help from his S.E.A. His success made him proud of his effort because even though he felt tired along the way, he never gave up. He was committed to do what he set out to do.

It's a fact that whoever suffers from ALD faces hardship and faces difficult challenges, but when it comes to Kieran Naugler, his

tremendous spirit and commitment, his determination and his motivation to reach out help others see him as more than just a guy in a wheelchair.

### The Beautiful Girl

Day by day I gaze upon you  
Day by day I sigh with passion  
Your wavy locks are like the ocean  
And your eyes are the stars

Day by day I gaze upon you  
from afar  
I wish I could tell you how I feel  
Your smile is like the sunshine  
And your dreamy voice  
is like a gentle breeze

I wish I could talk to you  
but I can't  
I feel all a flutter when I try  
I wish that I weren't so shy  
I feel like a typical guy

By Kieran Naugler

# Fun, food and dancing at Oktoberfest



**Kirsten Durand paints a boy's face at Oktoberfest, a band/choir fundraiser, October 28.**

K.Nohr/The Eddy

**Katie Nohr- Staff Reporter**

Oktoberfest is a traditional German festival which the music department hosted as a fundraiser for their trip to Germany in the spring.

It was a family oriented event, with a cake walk, balloons and face painting, as well as a German cultural experience. The night also offered polka lessons, and accordion demonstrations and a taste test of many German foods.

"The students were engaged in meaningful learning about Germany. [There were] German food, German music and German dancing," said Carol Sirianni, the music department head. Sirianni says that the event went



**Kara Hannestad (right) dances the polka with instructor.**

even better than she'd hoped and that she was glad for all the community support.

Oktoberfest raised \$3475.76. Choir and band need to raise \$50 000 for the trip.



# Riverside swim team heads to Provincials

"It's fun and it's something everyone can participate in," said **Olivya Striloff**, a tenth grade swimmer at Riverside secondary.

The eight students on Riverside's swim team participated in the Lower Fraser Valley Swim Meet on Thursday October 2 at the Sungod Aquatic Center. In order to make the next meet, the Fraser Valleys, a swimmer had to have one of the top 12 times for the event they were competing in.

In the girl's 50m freestyle Riverside's **Serena Moore** and **Gaby Yeung** both placed in the top 12, sixth and eighth respectively.

There were 45 swimmers competing in that event. **Siobhan Laughlin** placed fifth out of 22 in the girls 50m backstroke, also making the Fraser Valley's. Laughlin also placed third out of eight in the 100m individual medley.

Young placed sixth in the girls 50m breaststroke while Laughlin placed

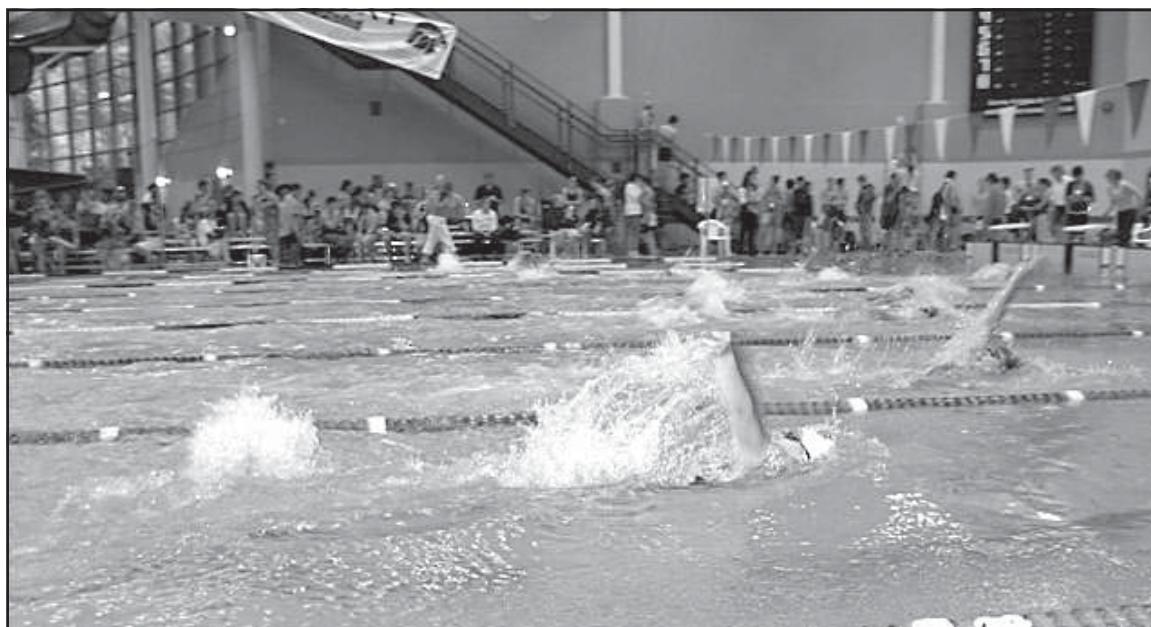


Photo by Ms.S.Jones

**Serena Moore places 6th in the 50m freestyle competition at Fraser Valley swim meet.**

In the girls 200m freestyle relay **Gaby Yeung, Nicola Perrera, Serena Moore and Siobhan Laughlin** placed sixth out of the 15

second.

**Kenneth Lau** made the Fraser Valley's placing eighth out of 16 in the boys breaststroke.

teams.

The Fraser Valley swim meet was held on November 9 at the Surrey sport and leisure center. Riverside's

relay team came in seventh place and will advance to the provincials. **Siobhan Laughlin** also managed to make the top 12 in two individual events. She came in fifth in the girl's 50m breaststroke and tenth in the 100m individual medley.

Riverside's swim team practices from six thirty until seven thirty on Monday and Wednesday mornings at the Coquitlam aquatic center. They practice four strokes; freestyle, breaststroke, butterfly and backstroke.

## Swimmers:

Leonie Modeste - grade nine  
Nicola Perera - grade nine  
Olivya Striloff - grade 10  
Catherine Middleton - grade 10  
Siobhan Laughlin - grade 11  
Serna Moore - grade 11  
Kenneth Lau - grade 12  
Gaby Yeung - grade 12

## Coaches:

Marline Striloff  
Gabby Yeung

# Sr. girls are district champions

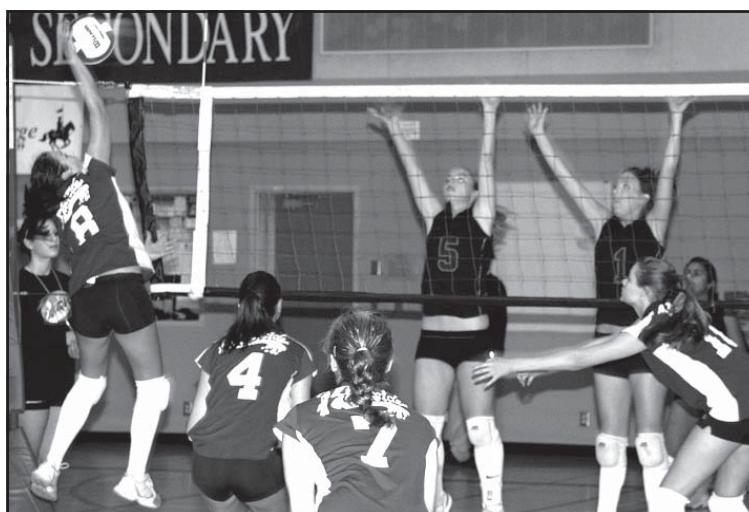
## Fatima Aziz-Staff Reporter

The senior girls ranked first at the 2006 district playoffs, after entering the tournament as the number one team. The senior girls will be accompanied by Heritage Woods, Charles Best and Pinetree to compete in the Fraser Valley Championships.

"We finished undefeated in the league," said assistant coach Kirsten Manley-Casimir, also adding that the team was more successful in the league playoffs this year.

The team went into the playoffs with a record of 35 wins and 6 losses. The playoffs were a three day tournament that began on the 8<sup>th</sup> of November and continued until the 10<sup>th</sup>. They were hosted by Heritage Woods secondary.

In their first game against Gleneagle, Riverside won 3-0, their next game was won 3-1 against Pinetree, and finally they were



**Rikki Picariello spikes ball for last point against Heritage Woods.**

victorious in their last game against Heritage Woods, 3-1.

This year's team was coached by Mr. Lawrence Vea and assistant coach Ms. Kirsten Manley-Casimir. The team consisted of returning players including **Rikki Picariello**, who was the team

captain and **Tamara Rosenlund** co-captain.

"The outcome of the season was good, as with every situation we will be improving upon [matters], but overall we are pleased with the performance," said coach Vea

# Sporty Shorts

## Sr. Girls Volleyball

**Oct. 14<sup>th</sup>** – win 17-15 vs. Argyle  
**Oct. 14<sup>th</sup>** – loss 1-2 vs. Tall Robert

**Oct. 17<sup>th</sup>** – win 3-0 vs. Charles Best

**Nov. 10<sup>th</sup>** – win 3-0 vs. Gleneagle

**Nov. 10<sup>th</sup>** – win 3-1 vs. Pinetree

**Nov. 10<sup>th</sup>** – win 3-1 vs. Heritage Woods

## Jr. Girls Volleyball

**Oct. 13<sup>th</sup>** – win vs. Charles Best

**Oct. 13<sup>th</sup>** – loss vs. Heritage Woods

**Oct. 14<sup>th</sup>** – loss vs. Pinetree

**Oct. 14<sup>th</sup>** – loss vs. Riverside Grade 9s

## Boys Soccer

**Oct. 10<sup>th</sup>** – tie 3-3 vs. Fox

**Oct. 12<sup>th</sup>** – win 2-1 vs. Fox



**Oct. 21<sup>st</sup>** – win 2-0 vs. R F Staples Secondary School

**Oct. 21<sup>st</sup>** – win 2-0 vs. Bawlf School

**Oct. 21<sup>st</sup>** – loss 0-2 vs. Miles MacDonnell

**Oct. 21<sup>st</sup>** – loss 1-2 vs. St. Alberta Catholic School

**Oct. 24<sup>th</sup>** – win 3-1 vs. Centennial

**Nov. 2<sup>nd</sup>** – win 3-1 vs. Pintree

**Nov. 9<sup>th</sup>** – win 3-1 vs. Pintree

**Nov. 10<sup>th</sup>** – loss 1-3 vs. Centennial

**Nov. 16<sup>th</sup>** – win 3-2 vs. Delta

**Nov. 17<sup>th</sup>** – loss 1-3 vs. Semiahmoo

**Nov. 18<sup>th</sup>** – win 3-2 vs. Delta

**Nov. 18<sup>th</sup>** – loss 0-3 vs. Centennial

was the leader this year and scored four goals [during] the season," said coach Hudon.

The team also had new members from grade nine including **Alexis Boleak, Stephanie Dudulec, Hanna Dina and Nikki Johnson**.

The new players played well and the coaches expect the team to do better next year.

"They did very well regardless of the fact that new members were added, the team managed to adapt to each other," said Hudon.

"I would like to inform students from all grades that they are always welcome to join the team for next season. I would also like to wish the senior grads well in the future: **Margot Dina, Tabatha Grant, Karen Wong, Paloma MacDonald, Mandy Crawshaw and Melissa Hutchinson**," said Hudon.

# Cross country strong

## Natasha Wiens-Staff Reporter

Riverside's cross country team had a large turnout when 20 athletes joined the team back in September.

"I was pleasantly surprised. There were some ~~aaaaaaa~~ exceptional grade 9 athletes," said coach Mario Luongo.

At the District

Championships, which took place on October 17, both the grade 11 girls and grade 12 boys took the third place team event.

"We had some very talented runners like **Braden Sinclair, Matt Gerwing and Max Hennen**.

**Kristina Collins** was our most improved athlete. She was really committed to the training," said Luongo. ~~aaaaaaaaaaaa~~

This year, the cross country team had two runners that qualified for the Fraser Valley Cross Country Championships. **Braden Sinclair** placed 23<sup>rd</sup> in the senior division out of over 150 runners and **Matt Gerwing** finished 20<sup>th</sup> overall in the junior division. Sinclair also qualified for the BC Cross-Country Championships on November 4 although he was unable to participate.

# Field hockey girls finish third

Rapids miss playoffs but coaches expect great things next year from strong rookie performances

## Fatima Aziz- Staff Reporter

This year's girls field hockey team finished in third place at the district playoffs. Although the team worked hard that's where the season ended. Only the top two teams advance to the Fraser Valley championships.

"Six wins and three losses for the season," said coach Georgina Hudon, adding that **Hanna Dina** who was the team's goal tender was a key part of the team's defense.

This year's field hockey team was coached by Ms. Hudon and Ms. Carol Coulson. The team consisted of returning players from last year including **Tabitha Grant**, who provided leadership and offence.

"Tabitha is a grad senior who has been an outstanding part of the team for the past four years. She



# Rosenlund and Brett spark Rapids to provincials

The most important aspect of the game is loving it because otherwise the team will have nothing," said Tamara Rosenlund, co-captain of the sr. girls volleyball team and MVP of the Western Canadian Challenge tournament that took place in Edmonton.

Rosenlund has been committed to volleyball since she was ten years old and puts in a good ten hours of play per week, including tournaments.

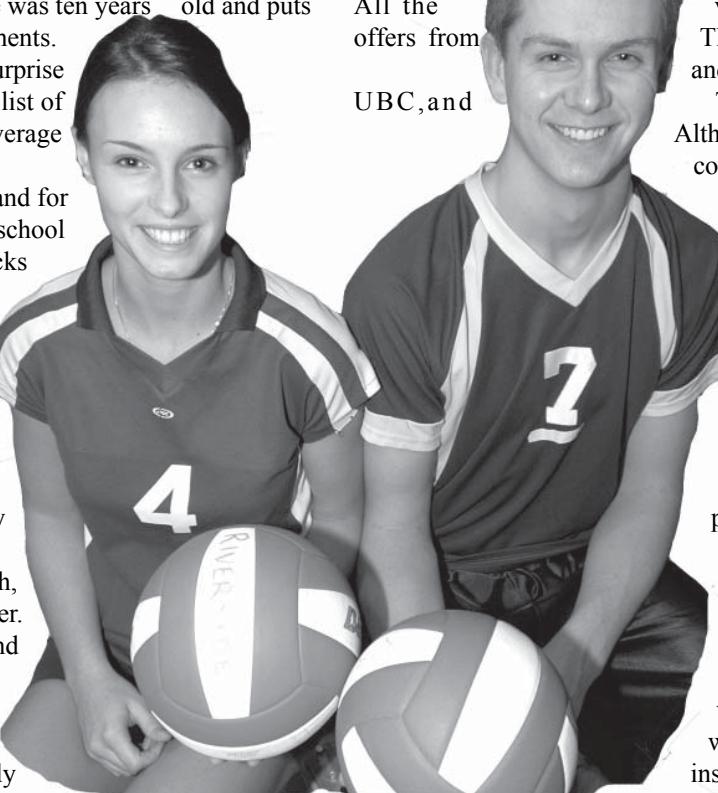
Considering Tamara's dedication to volleyball, it's no surprise that school work takes an obvious second place on her list of priorities. However, she still manages to maintain an average of 80 percent.

Tamara, jersey number 4, plays power for Riverside and for the Coquitlam Ducks, a club team she starts for after the school season. Tamara also plays beach volleyball for the Ducks during the summer, with partner Mila Dobrozdavich, making volleyball a year round sport.

The Riverside team this year has done exceedingly well. The team finished the season with a 7-0 record, won the Western Canadian Challenge tournament and placed third in the Red Serge tournament, losing to Walnut Grove. "The team this year is my favourite team I've ever played on and I think we are going to do really well," said Rosenlund.

Although Tamara prefers playing club volleyball to beach, her idol Misty May is an American beach volleyball player. "I like her because she's one of the shortest players and she's the best," said Rosenlund.

Although much of Tamara's time is consumed by volleyball and school work, she still makes time to relax and have fun. She especially enjoys reading, particularly books by author J.K. Rowling.



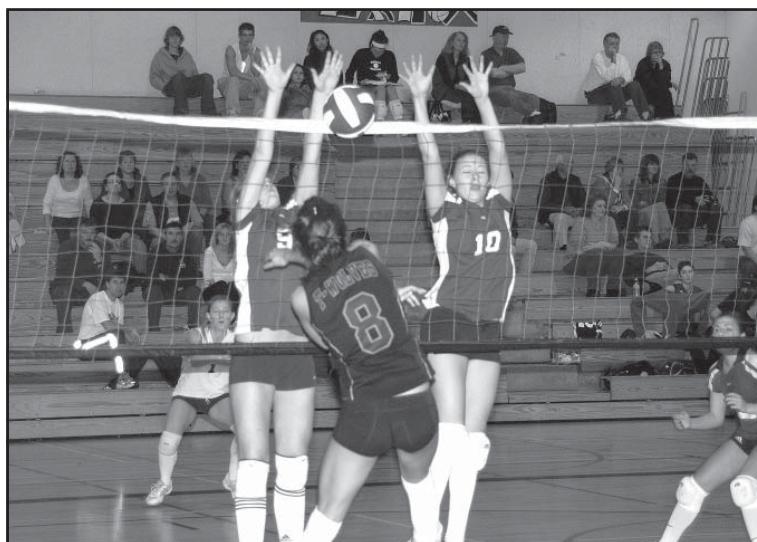
## Sr. girls finish third at Red Serge Classic

### Justin Black-staff reporter

The Riverside Rapids senior girls volleyball team placed third in the Red Serge Classic out of nine teams. All matches were competitive: Walnut Grove won the tournament, second was Penticton and Handsworth of West Van was fourth.

The players received awards for the spirit award and the fastest spike. "They measured the fastest spike using a RCMP radar speed gun," said Lawrence Vea, coach of the Rapids Senior Girls Volleyball team. **Jessica Jude** and **Mila Dobrozdavich** were picked as tournament all-stars.

The RCMP supports this



*Red Serge Classic: Andrea Bucko and Jessica Jude block Pinetree hitter to lead Riverside to third place finish.*

tournament in hopes of making the students more comfortable around police and to perhaps consider careers in criminal justice. At the end of the tournament the players were selected from each team to play a game against the RCMP.

Riverside hosts the Red Serge Classic annually. The teams that participated in the tournament included Pinetree, Handsworth, Terry Fox, Mountain Sentinel, Charles Best, Gleneagle, Argyle and Penticton.

## Grade 9 girls district champions

### Brandon McDonald-staff reporter

The Riverside Rapids defeated the Pinetree Timberwolves in a close game on Friday November 3 to capture the district championship.

Most of Riverside's blocking came from **Jennifer Neilson** and a majority of Riverside's points were a result of the team's strong serving. A final point by **Brienne Higo** finished the game and the team won their first district championship.

"The season went extremely well, I am proud of all the players. **Allison Mullock** and Brienne Higo did great at the district finals. **Rachael Hutchinson** was our Most Valuable Player this year. Our great accomplishments would have to be



*Grade nine girls celebrate their district championship over Pinetree Timberwolves with a team photo.*

that the girls who were inexperienced in playing volleyball went on to win the district finals. They've developed so much. The girls played amazing and worked

really hard. The teams blocking, spiking and serving were very good. Pinetree was very difficult to beat. They were experienced and skilled," said coach Bryan Gee.

Cary Brett has been playing volleyball for ten years and commits approximately eight to ten hours constantly. All the offers from UBC, and

per week during the school year to the sport. During summer, however, his life is 100% volleyball. Team BC plays from July 9-31 and the National team plays from August 1-18. volleyball has paid off. Brett has received volleyball scholarship Thompson River, UBC, Trinity Western, Capilano College and Douglas College. He is seriously considering Thompson, Trinity Western.

Although it may seem that volleyball dominates his life, academics come first. "I've had to miss practices and games for school work and exams, and it will be the same when I go to post-secondary school," said Brett.

Brett is captain of the school team and is a power hitter during the school season. Despite having a height advantage at 6'7", he moves over to play as a middle blocker during his club, B.C. and National team seasons. "My favorite part of the game is getting blocks and packing other guys," said Brett. Although this is not the most important part of the game to Brett, it is definitely the most fun. "Team unity and a feeling of belonging to the team is definitely the most important part of the game."

During the season, which for Brett is year round, he tries to maintain a no fast-food policy and he sticks to a healthy diet.

Although Brett himself would be one to look up to, he looks up to Trinity Western men's volleyball captain Jeff Stel. Stel was Cary's coach on the 2004 BC summer games team which won gold that year. Stel is in his fifth year at Trinity and is an inspiration. "He is an awesome guy and is an overall successful person," said Brett.

## Rapids seniors head to Oil Town

### Brandon McDonald-staff reporter

#### Sr. girls & Sr. boys Volleyball:

If you've looked at the gym lately you would have noticed that there is a new banner on the wall advertising the senior girls volleyball team winning the 24-Team Lions Western Edmonton Canadian Challenge.

The senior volleyball teams flew to Edmonton for the tournament on October 20 and 21. The girls came first in their six team pool and then went on to the quarter finals defeating Bawlf. They faced Lethbridge Collegiate, and beat them in the semi-finals. In the finals the girls volleyball team beat Calgary 2-0. **Tamara Rosenlund** won the tournaments Most Valuable Player award. **Andrea Bucko** also won an award for Most Enthusiastic Shopper.

The senior boy's teams placed fourth in the tournament, losing to the number one ranked team from Manitoba in the semi-finals. The boys took the team from Manitoba, which featured three youth national team members, to 22 points in the semi-final match up. They then lost 2-1 in the bronze medal game against St. Alberts Catholic high school.



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