

## Understand What You Read

### A Fill in the Blanks

Shade the correct provinces or territories for each region. Write the correct provinces or territories under each region.

**The Prairie Provinces**



**The Atlantic Region**



**The West Coast**



**Central Canada**



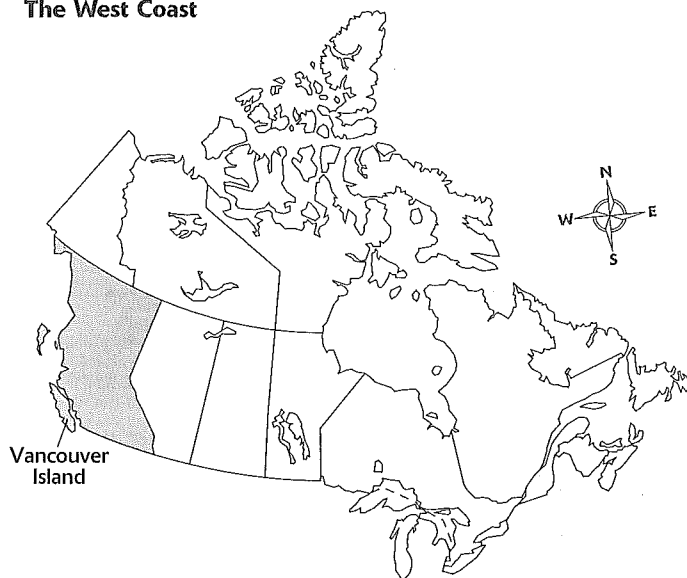
**The North**



# UNIT 12

## THE WEST COAST

### The West Coast



British Columbia is the only province in the West Coast region.

### Why Is It Called the West Coast?

British Columbia is the western-most province in Canada. It is also the only province that is next to the Pacific Ocean. Land next to the ocean is called **coast**.

### What Does It Look Like?

Most of British Columbia is covered in forest and mountains. The **Rocky Mountains** of British Columbia are among the tallest in Canada.

### Cities on the West Coast

Most people in British Columbia live in the southwest part of the province. Two large cities in British Columbia are Vancouver and Victoria. Vancouver is the largest city in British Columbia, and is Canada's third-largest city. Victoria is the capital city of British Columbia. It is on Vancouver Island. Vancouver Island is off British Columbia's southwest coast.

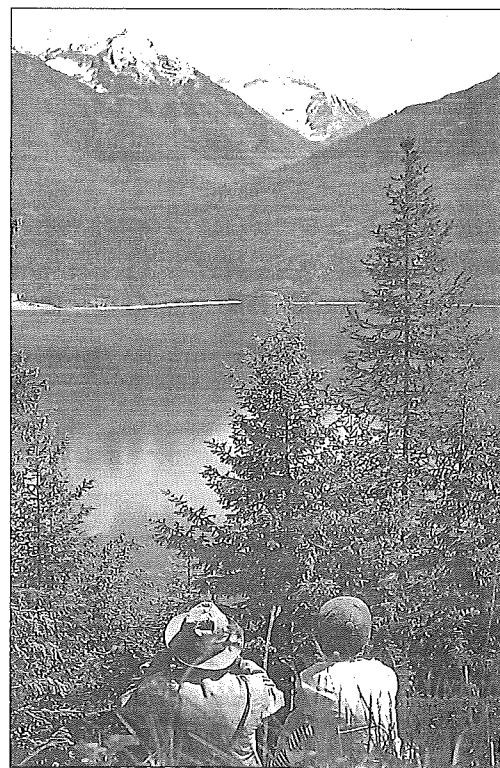
### How Is the Land Used?

British Columbia has the most valuable forestry industry in Canada. The forestry industry includes cutting down trees and making lumber, wood and paper products.

Some of the land is used for farming. Cattle, fruit and horse farms are most common.

People fish for salmon and other fish off the coast of British Columbia.

British Columbia uses its fast-moving waters to make hydroelectric power. Most of British Columbia's electricity is generated from water.



## Understand What You Read

### A Answer the Questions

1. How many provinces are on the West Coast?  
\_\_\_\_\_
2. Why is it called the West Coast?  
\_\_\_\_\_
3. Describe the land in British Columbia.  
\_\_\_\_\_
4. Victoria is on an island that belongs to British Columbia. Name the island.  
\_\_\_\_\_
5. Draw a line to match the resources with how they are used.

#### West Coast Resources

forest
soil
moving water
ocean

#### Using the Resources

salmon fishing
hydroelectric power
fruit and vegetables
wood and paper products

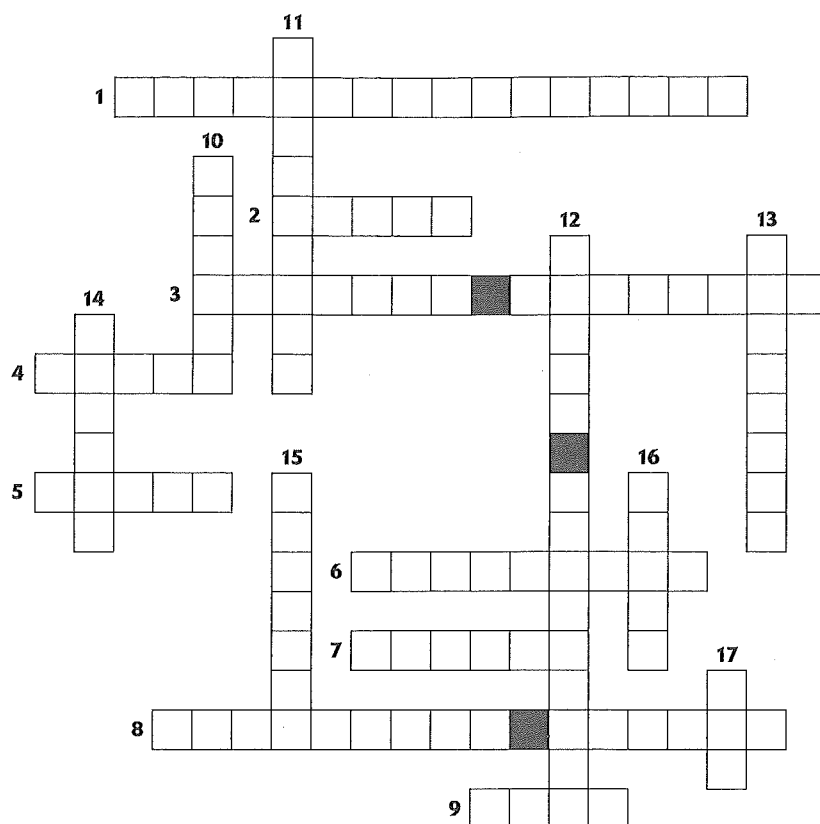
### B Correct the Sentences

Each of the sentences is false. Circle the word that makes the sentence false. Then write a correct sentence on the line.

1. The West Coast is on the east side of Canada.  
\_\_\_\_\_
2. The West Coast is on the Atlantic Ocean.  
\_\_\_\_\_
3. The capital city of British Columbia is Vancouver.  
\_\_\_\_\_
4. Vancouver is Canada's biggest city.  
\_\_\_\_\_

# **C Crossword**

Try to complete the crossword without looking at the word list.



## **ACROSS →**

1. Electricity made from water
2. Vancouver is our \_\_\_\_ largest city.
3. A province in the West Coast region
4. A product made from trees
5. Land that lies beside the ocean
6. The largest city in British Columbia
7. Land that is full of trees
8. An island of British Columbia
9. British Columbia is \_\_\_\_ of Alberta.

## **DOWN ↓**

10. A product made from trees
11. Forest and \_\_\_\_ cover most of B.C.
12. A mountain range in British Columbia
13. The capital of British Columbia
14. A kind of salt water fish
15. British Columbia is beside the \_\_\_\_ ocean.
16. Another word for the sea
17. There is \_\_\_\_ province in the West Coast.

## **Word List**

one • forest • lumber • Victoria • British Columbia  
 Rocky Mountains • coast • paper • salmon  
 Vancouver • Pacific • mountains • west • third • ocean  
 Vancouver Island • hydroelectricity

# UNIT 13

## THE PRAIRIE PROVINCES

There are three provinces in the Prairie provinces.

### Why Is the Region Called the Prairie Provinces?

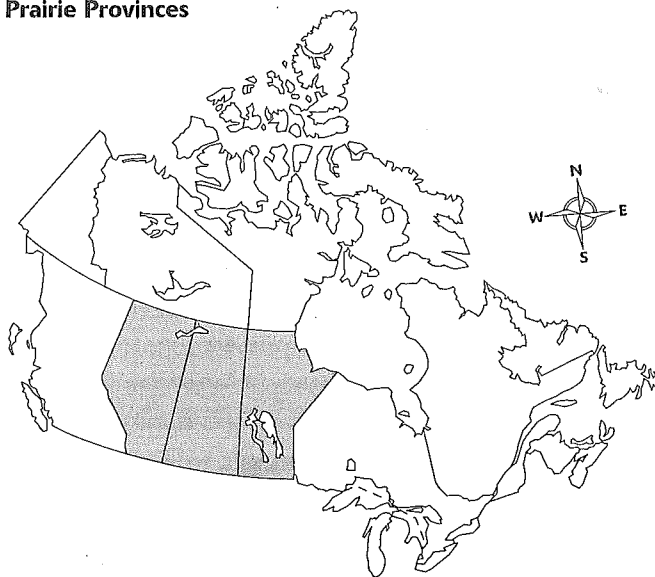
The word **prairie** means flat grassy land. The land in the southern part of the Prairie provinces is flat and grassy.

### What Does It Look Like?

The northern half of this region is covered in forest.

The southern half is mostly flat with very rich soil. Many large farms cover the southern part of the Prairie provinces.

The Prairie Provinces



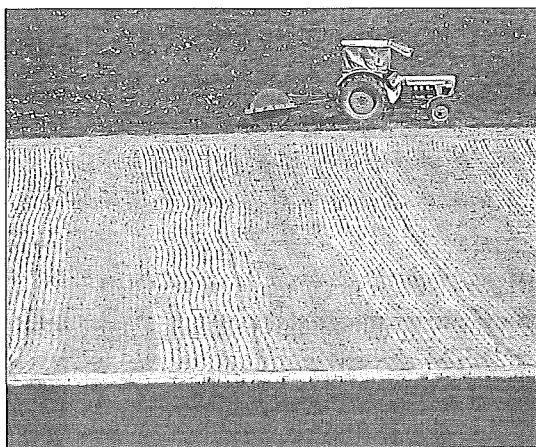
### Cities in the Prairie Provinces

The five biggest cities in the Prairie provinces are Calgary, Edmonton, Regina, Saskatoon and Winnipeg.

### How Is the Land Used?

Most of the land in the southern half of the Prairie provinces is farmed. Most of the farms there are cattle, wheat and grain farms.

Wheat is used to make bread. For this reason, we sometimes call the Prairie provinces Canada's breadbasket.



### Mining

There are large areas of sedimentary rock in the Prairie provinces. Oil and Natural gas are mined from the rock. There are many oil and gas deposits in northern Alberta. Alberta makes most of Canada's oil and natural gas.

## Understand What You Read

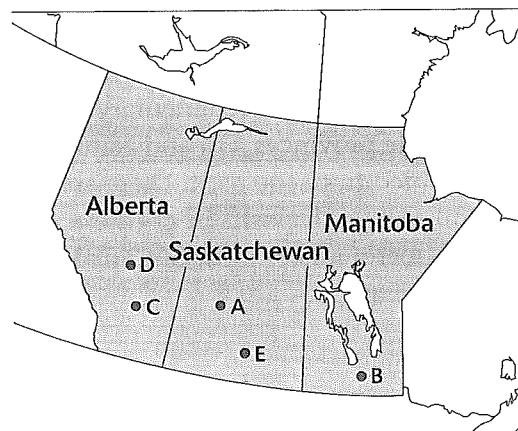
### A Match

Write the correct letter on the lines to match the words with their meanings.  
The first one is done for you.

- |                               |   |
|-------------------------------|---|
| _____ Capital of Alberta      | a) Flat grassy land                             |
| _____ Canada's breadbasket    | b) Alberta, Saskatchewan and Manitoba           |
| _____ Three                   | c) Edmonton                                     |
| _____ Prairie provinces       | d) Winnipeg                                     |
| _____ Covered in farms        | e) Regina                                       |
| _____ Prairie                 | f) Another name for the Prairie provinces       |
| _____ Capital of Saskatchewan | g) Used to make bread                           |
| _____ Northern Alberta        | h) Number of provinces in the Prairie provinces |
| _____ Capital of Manitoba     | i) Southern half of the Prairie provinces       |
| _____ Wheat                   | j) Has lots of oil and gas deposits             |

### B Map Work

Use a map of Canada to find Calgary, Edmonton, Regina, Saskatoon and Winnipeg. Then write the correct letter (for each city) on the lines.



#### Most Populated Cities in the Prairie Province

- |           |       |
|-----------|-------|
| Calgary   | _____ |
| Edmonton  | _____ |
| Regina    | _____ |
| Saskatoon | _____ |
| Winnipeg  | _____ |

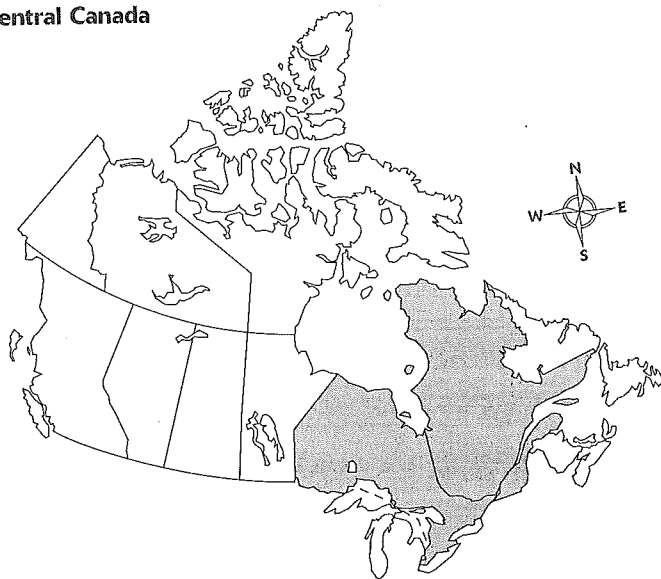
Which three cities are capital cities?

\_\_\_\_\_

# UNIT 14

## CENTRAL CANADA

Central Canada



There are two provinces in Central Canada.

### Why Is It Called Central Canada?

**Central** means near the centre. The provinces of Central Canada are the two biggest, most populated provinces of Canada.

### What Does It Look Like?

Most of Central Canada is covered by a large area of forest-covered rock called the Canadian Shield.

Central Canada is full of rivers and lakes. It has more freshwater than any other region in Canada. Ontario is home to the **Great Lakes**. There is a huge river in Quebec called the **St. Lawrence River**.

### Cities in Central Canada

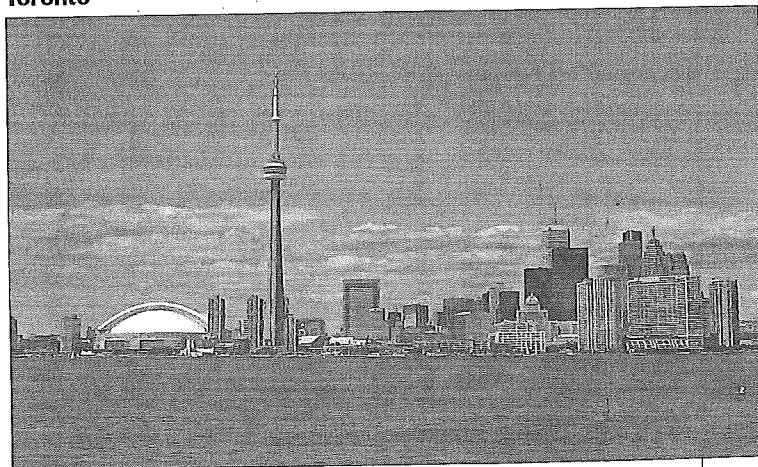
Most people in Central Canada live in cities in the south-central part of the region. The five biggest cities there are Toronto, Montreal, Ottawa-Hull, Quebec City and Hamilton. Toronto and Montreal are the most populated cities in Canada.

### How Is the Land Used?

Miners dig for minerals in the Canadian Shield. Companies use the minerals to make many of the products we use every day. The forest is used to make wood, pulp and paper products. We use some of the water in Central Canada to generate hydroelectricity.

The land in the south is used for farming. There are all kinds of farms in the southern part of Central Canada. The most common farms are cattle and grain farms.

Toronto



## Understand What You Read

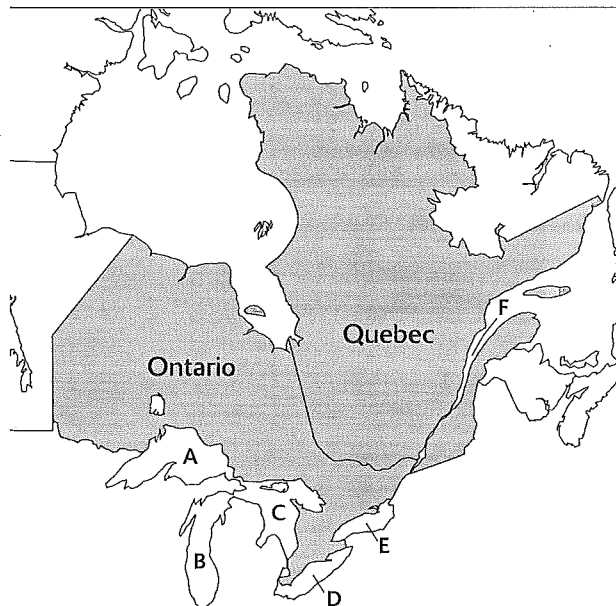
### A Fill in the Blanks

rock • forest • east • populated • freshwater  
Quebec • Toronto • Ontario • minerals • paper

1. The two provinces in Central Canada are \_\_\_\_\_ and \_\_\_\_\_.
2. \_\_\_\_\_ is the capital city of Ontario.
3. Central Canada is the most \_\_\_\_\_ region in Canada.
4. Central Canada has the most \_\_\_\_\_ in Canada.
5. The Canadian Shield is a large area of \_\_\_\_\_.
6. The Canadian Shield is covered in \_\_\_\_\_.
7. Central Canada is \_\_\_\_\_ of the Prairie provinces.
8. Miners dig for \_\_\_\_\_ in the Canadian Shield.
9. The forest is used to make wood, pulp and \_\_\_\_\_ products.

### B Map Work

Use a map of Canada to find the Great Lakes and the St. Lawrence River. Then write the correct letter for each lake or river on the lines.



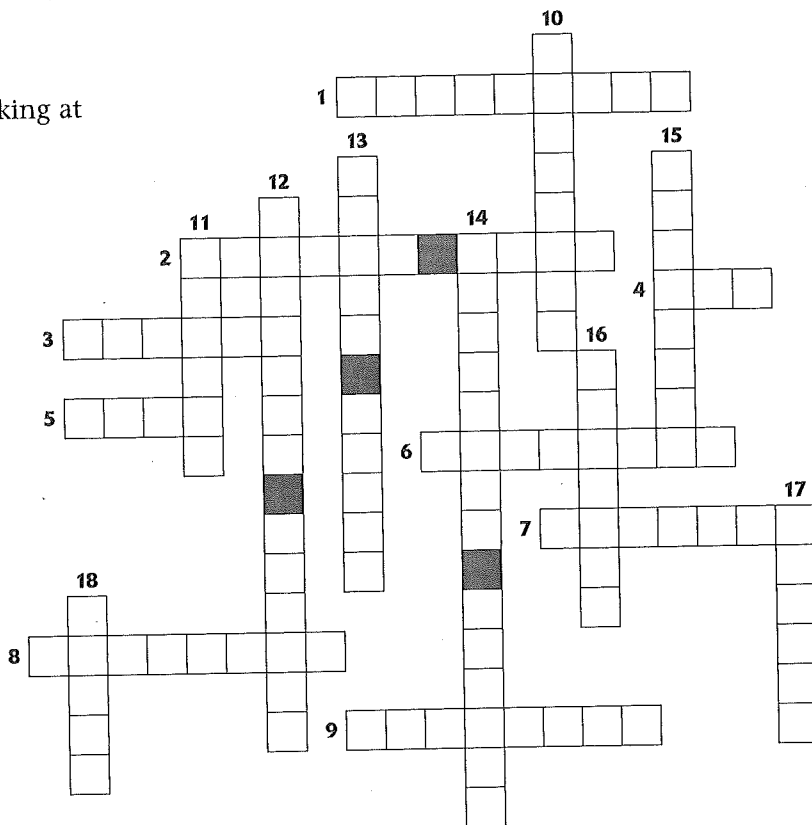
#### Waters of Central Canada

- St. Lawrence River \_\_\_\_\_  
Lake Ontario \_\_\_\_\_  
Lake Michigan \_\_\_\_\_  
Lake Superior \_\_\_\_\_  
Lake Erie \_\_\_\_\_  
Lake Huron \_\_\_\_\_



# C Crossword

Try to complete the crossword without looking at the word list.



## ACROSS →

1. Central Canada is Canada's most \_\_\_\_ region.
2. The capital city of Quebec
3. On top of the Canadian Shield
4. There are \_\_\_\_ provinces in Central Canada.
5. There are \_\_\_\_ Great Lakes.
6. Copper, iron ore, nickel and silver are \_\_\_\_.
7. A province in Central Canada
8. Lake \_\_\_\_ is the only Great Lake that is entirely in the United States.
9. A Great Lake west of Lake Michigan

## DOWN ↓

10. A large city in Ontario
11. A province in Central Canada
12. Ontario and Quebec
13. Five large lakes in Central Canada
14. A large area of rock covered with forest
15. A large city in Quebec
16. The capital city of Ontario
17. The capital city of Canada
18. The St. Lawrence is a large \_\_\_\_ in Quebec.

## Word List

Ontario • Montreal • five • Hamilton • two • Superior  
 river • Central Canada • Ottawa • Great Lakes  
 Toronto • Michigan • forest • Quebec • Canadian Shield  
 minerals • Quebec City • populated

# UNIT 15

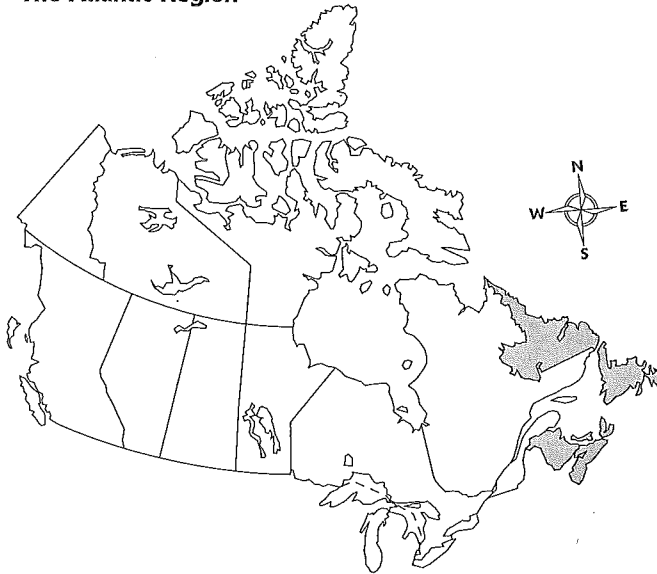
## THE ATLANTIC REGION

There are four provinces in the Atlantic region.

### Why Is It Called the Atlantic Region?

The Atlantic region is next to the Atlantic Ocean. Sometimes we call the Atlantic region the **Maritimes** or the **East Coast**. A **coast** is land beside the ocean.

The Atlantic Region



### What Does It Look Like?

There are farms, cities and towns and many small fishing villages in the Atlantic region.

### The Provinces of the Atlantic Region

Newfoundland and Labrador is mostly rocky with many small lakes and rivers. Many fish live in the coastal waters.

Prince Edward Island is the smallest province in Canada. The soil is rich and healthy. Many farms are there.

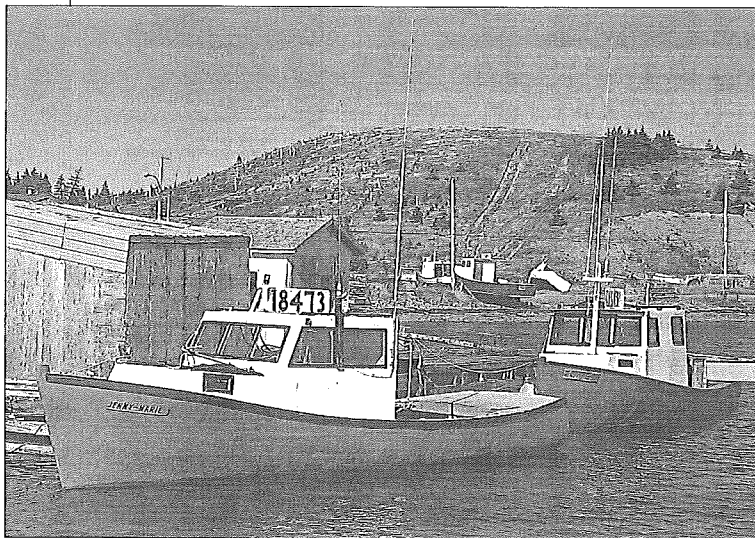
New Brunswick and Nova Scotia are mostly covered in forest. There are also many farms.

### How Is the Land Used?

Loggers cut down trees in some of the forests. Companies use the wood to make lumber, pulp and paper products.

People fish in the coastal waters of the Atlantic provinces. Lobster and crab are the most valuable seafood in the Atlantic region.

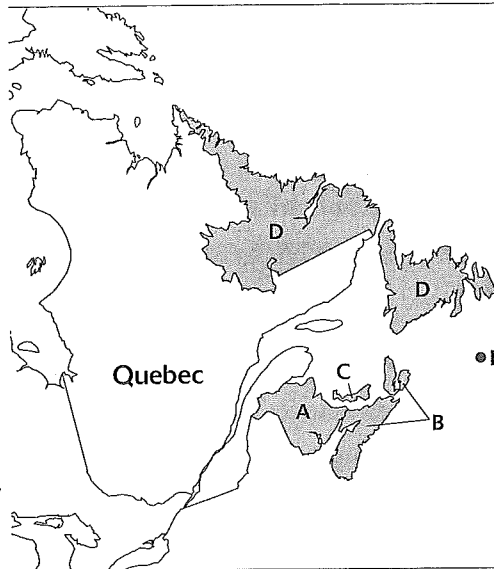
There are many farms in most of the Atlantic provinces. A lot of them are cattle farms. Farmers also grow fruit and potatoes.



## Understand What You Read

### A Map Work

Use a map of Canada to find the four provinces of the Atlantic region. Then write the correct letter for each province on the line.



#### The Atlantic Region

Newfoundland and Labrador \_\_\_\_\_

Prince Edward Island \_\_\_\_\_

New Brunswick \_\_\_\_\_

Nova Scotia \_\_\_\_\_

The Atlantic Ocean \_\_\_\_\_

### B Fill in the Blanks

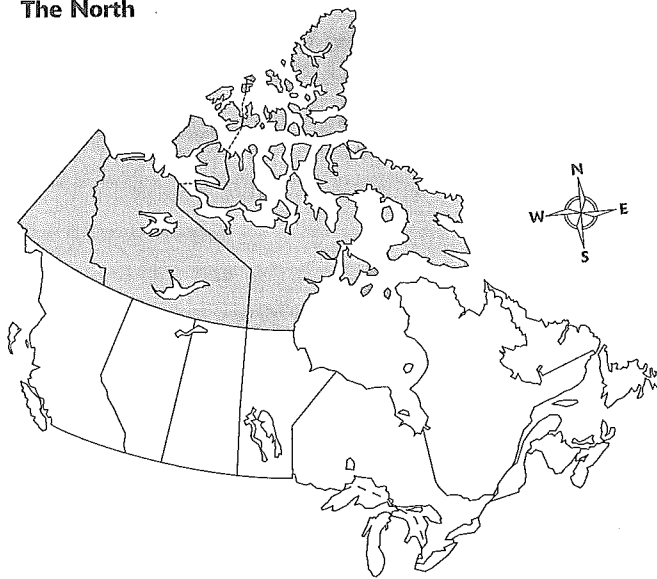
Write the name of the correct Atlantic province on the line.

1. The smallest province in the Atlantic region is \_\_\_\_\_.
2. The province with the longest coastline in the Atlantic region is \_\_\_\_\_.
3. The largest province in the Atlantic region is \_\_\_\_\_.
4. \_\_\_\_\_ is completely surrounded by water.
5. \_\_\_\_\_ and \_\_\_\_\_ border Quebec.
6. \_\_\_\_\_ is north of Prince Edward Island.
7. \_\_\_\_\_ is east of New Brunswick.

# UNIT 16

## THE NORTH

### The North



There are three territories in the North. The winters are long and very cold in the North. The summers are short.

### What Does It Look Like?

The North is the largest region in Canada, but it has the smallest population. It is partly covered in forest. In the far north, the land is frozen all year. Trees do not grow there. That land is called **tundra**.

Mountains and wilderness cover most of the **Yukon**. It is home to Canada's highest peak, Mount Logan.

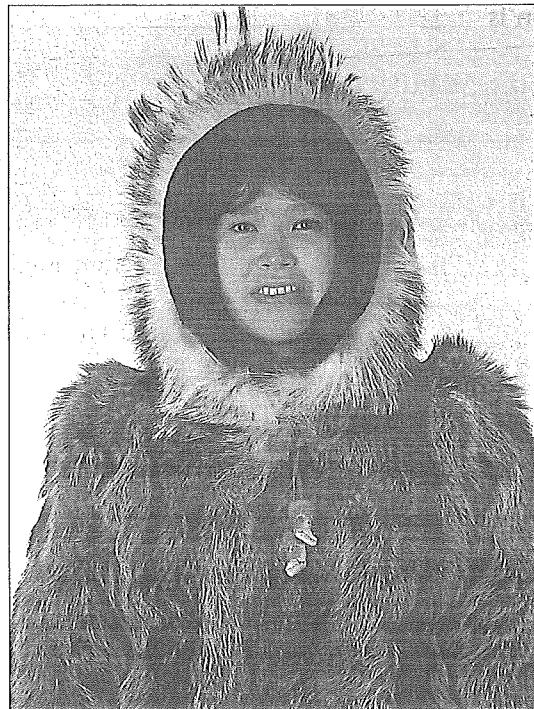
### The Inuit

The Inuit are a group of Aboriginal people. Aboriginal people were the first

people to live in Canada. They have lived in Canada for thousands of years.

Most Inuit live in **Nunavut**. Some Inuit live by hunting and trapping animals. Others make soapstone carvings and other artwork. The art is sold all over Canada.

The Inuit have lived in Canada for thousands of years.



### How Is the Land Used?

There are gold, lead and zinc mines in the North. There are also oil and gas deposits. Some people have jobs working in the mines or looking for other mineral and oil deposits.

## Understand What You Read

### **A** Answer the Questions

1. List the capital cities of each territory in the North.

Yukon

\_\_\_\_\_

Northwest Territories

\_\_\_\_\_

Nunavut

\_\_\_\_\_

2. Why are there no trees in the far north?

\_\_\_\_\_

3. Name Canada's highest peak. Where is it?

\_\_\_\_\_

4. Who are Aboriginal peoples?

\_\_\_\_\_

5. Most Inuit live in which territory?

\_\_\_\_\_

6. What types of mines are in the North?

\_\_\_\_\_

7. Which territory has mountains?

\_\_\_\_\_

8. Which territory is on the east side of Canada?

\_\_\_\_\_

9. Which territory has many islands?

\_\_\_\_\_

10. What is the weather like in the North?

\_\_\_\_\_

### **B** Discuss

1. Why do you think so few people live in the North?

# UNIT 17

## REGION REVIEW

The North • The West Coast • The Prairie provinces  
Central Canada • The Atlantic region

Write the region that

1. Is mostly flat in the southern part
2. Has the highest mountain in Canada
3. Is on the Pacific Ocean
4. Is on the Atlantic Ocean
5. Is the largest in size
6. Is the most populated
7. Produces the most forestry products
8. Is sometimes called Canada's breadbasket
9. Is the least populated
10. Is the smallest in size
11. Has the most freshwater lakes and rivers
12. Has many fishing villages
13. Is mostly covered by the Canadian Shield
14. Produces the most oil and gas
15. Has territories
16. Is home to most of the Inuit