**You’ve Got to Eat!**Grocery shopping in the game of life

It’s time to spend some money (in theory) on your groceries for the week! You may work by yourself or with a partner. You are given a budget of $100 for one week. Remember: Don’t forget the Canada Health Food Guide – proper portions!

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| Product | Quantity | Brand | Price |
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 Total:

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Now, consider your budget is cut in half due to unforeseen circumstances, create another grocery list for the week:

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| Product | Quantity | Brand | Price |
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 Total:

Reflect: What challenges did you find in creating your two grocery lists?
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