

**Anatomy & Physiology 12**  
**Mid-term Self-Evaluation**

Name:

Unit: Biological Molecules / DNA & Protein Synthesis

These are the things I did to learn the content for this unit:

- Paid attention during lessons
- Wrote my own notes
- Did all the Check Your Understanding Questions (Water, Biomolecules, DNA)
- Checked my CYU answers with the Key (Water, Biomolecules, DNA)
- Did extra reading in the textbook &/or student notes package especially while I was answering CYU questions
- Did corrections on my incorrect quiz questions
- Asked teacher to explain concept
- Used the unit review sheets
- Used the practice test
- Other: \_\_\_\_\_

My Unit test mark (69):

I am proud of:

I struggled with:

To improve I can:

Unit: Cell structures / Cell membrane transport

These are the things I did to learn the content for this unit:

- Paid attention during lessons
- Wrote my own notes
- Did all the Check Your Understanding Questions (Cell & transport)
- Checked my CYU answers with the Key (Cell & transport)
- Did extra reading in the textbook &/or student notes package especially while I was answering CYU questions
- Asked teacher to explain concept
- Used the unit review sheets
- Used the practice test
- Other: \_\_\_\_\_

My Unit test mark (66):

I am proud of:

I struggled with:

To improve I can:

Science Skills & Competencies:

Reflect on the lab activities we have done and the feedback you've received to-date.

What competency do you think you are doing well on? Why?

What competency do you want to improve? How?

Science Skills & Competencies will be included in your final mark – we are still working on developing abilities.