**Art Reflecting Life by Thomas King**

A kaleidoscope

Of disturbing and enigmatic images

Flash now before my mind’s eye.

A cerebral menagerie,

Painted from long forgotten memories

That were tucked secretly away

In the back corner of my mental studio,

Are now being displayed

in my mind's personal gallery.

Shocking reminders of youth;

Blood red canvases

Depicting moments of cruelty and neglect,

Abstract images of confusion and loneliness

Various black and white photos

Of heart ache and pain

Are now arranged

in a horrific collage of misery before me.

An unscheduled showing,

To remind me of what I fought so hard to forget

And put behind me.

But as I reflect

And now admire the perplexing and unsettling collection

Laid out before me

I realize how I have successfully outran my past

I have painted a new life

Full of beautiful lines and brilliant colors

And now I find comfort within myself

As I now let my life reflect

The art my heart now produces.