

Anatomy & Physiology 12

Mid-term Self-Evaluation

Name: _____

Unit: Biological Molecules / DNA & Protein Synthesis

These are the things I did to learn the content for this unit:

- ☐ Paid attention during lessons
- ☐ Wrote my own notes
- ☐ Did all the Check Your Understanding Questions (Water, Biomolecules, DNA)
- ☐ Checked my CYU answers with the Key (Water, Biomolecules, DNA)
- ☐ Did extra reading in the textbook &/or student notes package especially while I was answering CYU questions
- ☐ Did corrections on my incorrect quiz questions
- ☐ Asked teacher to explain concept
- ☐ Used the unit review sheets
- ☐ Used the practice test
- ☐ Other: _____

My Unit test mark (69):

I am proud of:

I struggled with:

To improve I can:

Unit: Cell structures / Cell membrane transport

These are the things I did to learn the content for this unit:

- ☐ Paid attention during lessons
- ☐ Wrote my own notes
- ☐ Did all the Check Your Understanding Questions (Cell & transport)
- ☐ Checked my CYU answers with the Key (Cell & transport)
- ☐ Did extra reading in the textbook &/or student notes package especially while I was answering CYU questions
- ☐ Asked teacher to explain concept
- ☐ Used the unit review sheets
- ☐ Used the practice test
- ☐ Other: _____

My Unit test mark (66):

I am proud of:

I struggled with:

To improve I can:

Science Skills & Competencies:

Reflect on the lab activities we have done and the feedback you've received to-date.

What competency do you think you are doing well on? Why?

What competency do you want to improve? How?

Science Skills & Competencies will be included in your final mark – we are still working on developing abilities.