

Core Competencies Self-Assessment



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Self-Reflection

How does the artifact you selected demonstrate strengths & growth in the communication competency?

In what ways might you further develop your communication competency?





How does the artifact you selected demonstrate strengths & growth in the thinking competencies?

In what ways might you further develop your thinking competencies?



How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?

In what ways might you further develop your personal & social competencies?

Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.

I can gather, understand, and present data in a given format.

I was able to gather data from reliable sources, select the information I needed, understand what I was working with, and turn it into a visual project. I used critical thinking to find my information and organize it. To help me organize, I used a table with point form notes in categories to help me organize the data. I chose the format of an infographic and planned how I would share my data accordingly. I used creative thinking to explain my findings in a clear but visually attractive way, using images and charts.

I can explain my ideas in a clear concise manner.

are used communication skills to organize the written portion with my assignment in a way but it would be easy to understand but would not lose the detail. Because it was an infographic, and the goal was to attract attention. Are used less formal vocabulary and tried to communicate my information in a way that would be both entertaining and informational. I had to be careful not to write too much because of the format. For an infographic titles and key phrases are important, such as the name of each category and the percentages on the pie chart. I emphasized certain aspects of the text so that the reader could grasp a general understanding without having to read the fine print.

I can express my ideas through a variety of ways.

Along with the written portion of my project, I drew images to match each section. I chose relevant drawings that helped explain the infographic and used bright but simple drawings to keep my infographic from becoming cluttered. I used creative thinking to come up with this design that would fit in the small space but would still have a high impact. I specifically choose two background colors to emphasize the difference between the produce that was wasted and the produce that was consumed. I used bright colors to attract attention to the infographic, but a light background so as not to detract from the written portion.

Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

- 1. Categories Self-Assessment
- 2. Tags Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.
 - #creativethinkingcc
 - #communicationcc
 - #criticalthinkingcc
 - #socialresponsibilitycc
 - #personalidentitycc
 - #personalawarenesscc
- 3. Use the Add Document button located at the top of your post page and embed your self-assessment at the bottom of your blog post.
- 4. Publish