


How does the artifact you selected demonstrate strengths \& growth in the communication competency?

In what ways might you further develop your communication competency?


## $\square$

How does the artifact you selected demonstrate strengths
\& growth in the thinking competencies?

In what ways might you further develop your thinking competencies?


How does the artifact you selected demonstrate strengths \& growth in the personal \& social competencies?

In what ways might you further develop your personal \& social competencies?

## Self-Reflection

Describe how the artifact you selected shows your strengths \& growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.
I used communication in my assignment when making it into a Sway presentation. I had to combine images and bits of writing to make a presentation that communicates my experience in a clear but interesting way. The first way I demonstrated communication was in my writing where I used descriptive language to tell my story, the second way was visual communication where I inserted photos to make it easier to read and understand the writing. To further develop in the core competency communication I could practice making my writing more flowy and clear. I could also look at the visual aspect and work on making the layout of presentations and projects more visually appealing and organized.

My assignment shows strength and growth in the core competency creative thinking. Creative thinking is demonstrated through the descriptive language I used in the paragraph. While writing my experience I hac to reach in to all the five senses and really emphasize all the small details. I had to go out of my comfort zone and re-experience the event in a more mindful way where I could picture every sound, smell, taste, sight, and feeling that was at the game. A way that I can further develop this core competency is simply to expand my vocabulary and learn more descriptive words. There is so many words in the English language so the more I know the easier it will be to write. Also, if I continue to use descriptive language in my writing and make sure I'm using more complex words it will become easier to complete quality writing assignments.

In my assignment I used personal awareness and responsibility. I used personal responsibility when using my time wisely and finishing my assignment on schedule. I used personal awareness when I was choosing a topic and brainstorming memorable events that have happened to me recently. In order to further develop in this core competency I think I have to improve in managing my time and working more efficiently. I have to work on not getting distracted and focusing on one thing at a time. If I do all of these things my work quality will increase and I will spend less time doing homework.

## Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

1. Categories-Self-Assessment
2. Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.

O \#creativethinkingcc
O \#communicationcc
o \#criticalthinkingcc
o \#socialresponsibilitycc
o \#personalidentitycc
o \#personalawarenesscc
3. Use the Add Document button located at the top of your post page and embed your self-assessment at the bottom of your blog post.
4. Publish

