a moment in your life when I possessed those qualities

In that moment when I have those qualities, I feel sad about myself. Lots of character trait we have in our life. When I was young I’m so mean about my family. I was not respect to my parents, and I don’t listen to they, until they don’t say any word. Another moment I feel skillful but it is negative. When I stole my parents’ money, I am skillful cause I took money out and don’t let they find out I stole their money. I feel bad with those moments and I will not do that any more.