

The Midnight Library



By Matt Haig

1. Background information on the author

Five facts about Matt Haig

- He was born in England.
- He writes both fiction and non-fiction books.
- He considers the library as his church.
- He is suffering from anxiety.
- He identifies as an atheist.



2. What do libraries symbolize to people in real life?

In real life, libraries are symbolic of many things: peace, knowledge, order, possibility, etc. Libraries symbolize peace because when someone thinks of a library they envision a quiet sanctuary to study, read, and think without the background noise present in their day to day lives. As for knowledge, libraries are filled with books ranging from fiction to fantasy, to factual and people expect them can expect to find information from all around the world depicting an array of perspectives other than their own.

With regards to order, they are seen as a symbol of organization and tidiness. Every book is sorted by genre and alphabetically by author, giving libraries an orderly feel in a chaotic world. In the case of possibilities, libraries are seen as a single location that encompasses many others, bringing both real and fictional stories to those who may not have experienced the topic otherwise. This array of information has the potential to give people a sense of hope or understanding of realities that are different from their own, therefore symbolizing a world of possibilities.

3. Define depression. Why do individuals suffer from depression?

Depression is a disorder that manifests itself as extended periods of sadness. It negatively affects one's emotions and can result in a lack of interest in things one used to enjoy, lack of appetite, suicidal thoughts and tendencies, and more. The cause of depression can be many things, it is not an illness one can catch. It can be biological, stem from a traumatic situation in one's life, brain chemistry, or even be the result of stress or hormones.

4. Define regret. Why do individuals suffer from regret?

Regret is the feeling you get when you wish you could turn back the clock and fix something that you wish didn't happen or prevent yourself from saying something. An individual suffering from regret could be for a number of reasons for example: a family member passes away and you feel upset and wish you could've spent more time with them or not showing up to a party or ceremony.

5. Define relationships. Why are relationships important in our lives?

Relationships are defined as the way in which two or more concepts, objects, or people are connected, or the state of being connected according to the Oxford dictionary. There are many different relationships such as family relationships, friendships, romantic relationships and sexual relationships. Relationships are considerably important in our lives because they are related to almost everything that happens in our lives and hugely affects various situations and decisions. Relationships are deeply connected to our lives, and we cannot live without those different relationships.



Works Cited

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