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How does  
tragedy/trauma  
affect someone?  
And does one  
move past it?

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Sources - All the Light we Cannot See, Indian Horse, Good Will Hunting.



## All the Light we Cannot See

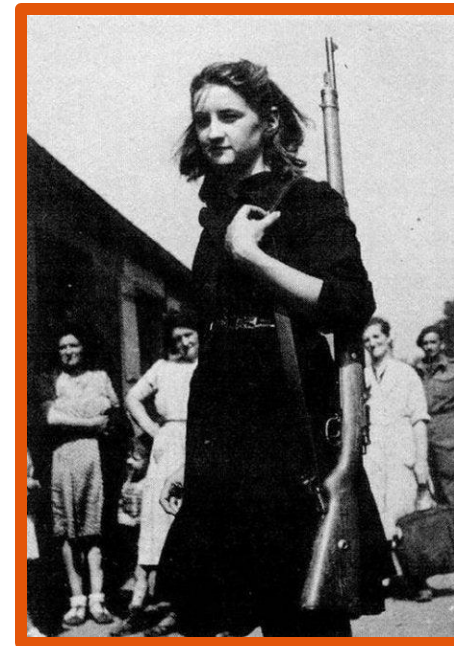
- Character's Marie-Laure and Werner Pfennig are both examples of change through difficult circumstances.

# Werner and Marie-Laure

Werner begins his life in a difficult situation. He is young and naïve when he joins Hitler youth.



Marie-Laure is blind and almost completely dependent on her father during her life in Paris.





## Indian Horse

- Enduring hardship can produce different outcomes



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## Saul Indian- Horse

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- Throughout Saul's experience in a residential school he faces extremely difficult situations and is forced into a life he did not choose.

# Trauma results in coping mechanisms

After traumatic experiences, it is common to turn to substance abuse as a coping mechanism, which is what Saul experiences in his life.



A rustic wooden cabin with a snow-covered roof, nestled in a dense forest of tall, thin trees. The ground is covered in a thick layer of snow, and the trees are also heavily laden with snow. The scene is peaceful and serene.

# Varying outcomes

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Eventually Saul regains control of his life and overcomes the darkness from his past.



## Good Will Hunting

Trauma and it's  
long lasting  
effects.





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## Long lasting effects.

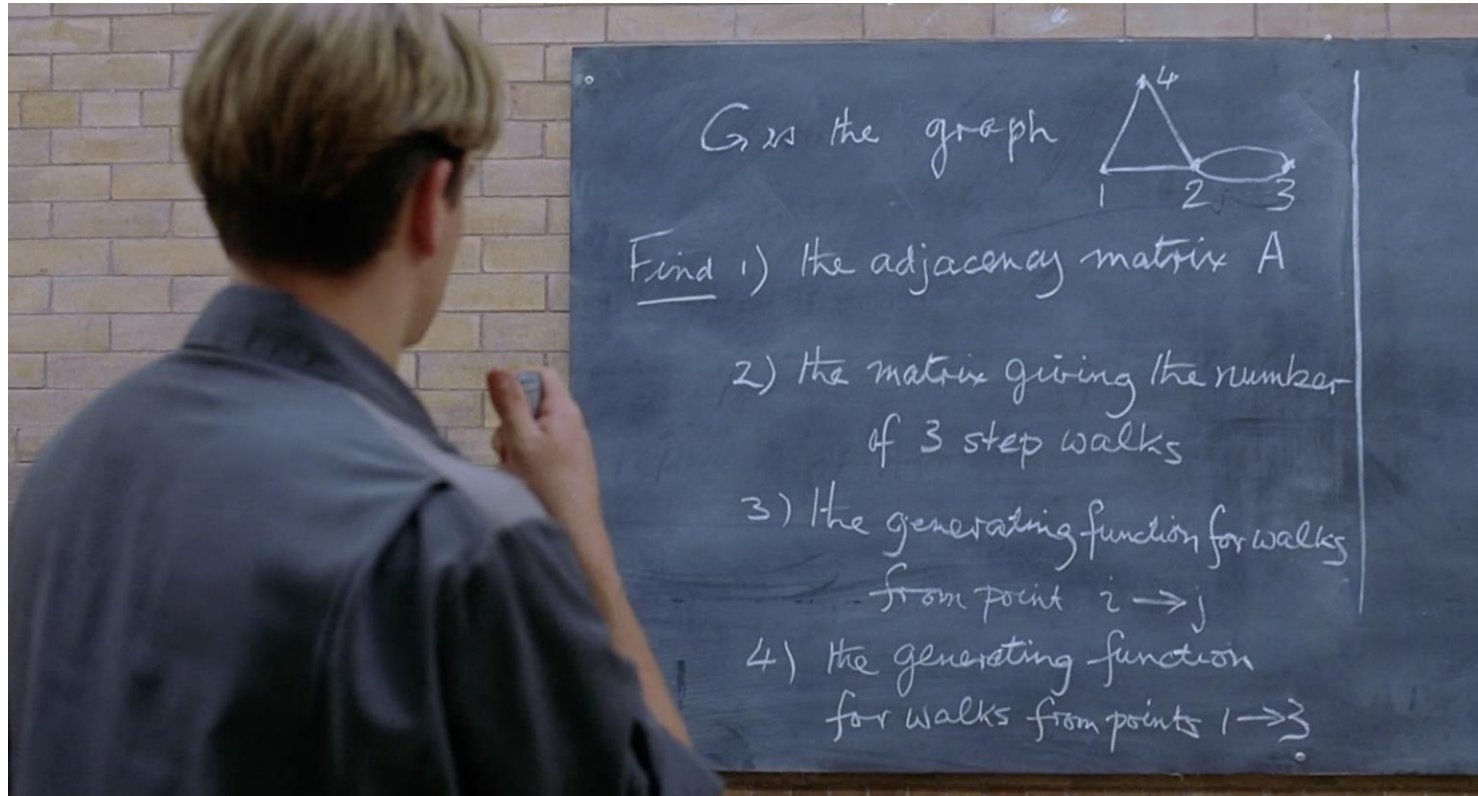
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- Will Hunting is a janitor at a prestigious university, who was abused in foster care and as a result has blamed the trauma on himself, and grown into a self-loathing adult

# Working through trauma



- After getting himself in legal trouble, Will becomes acquainted with a therapist who helps Will realize that the abuse was not his fault



# Bettering oneself after hardship

Will allows himself to realize his full potential and stops dwelling on his misfortune from the past.



# In Conclusion

- How does tragedy/trauma affect someone? And does one move past it?
- In order to move past tragedy/trauma, it is important to accept what happened and use it to grow, rather than dwell on it and let it take control of your future.