



# Core Competencies Self-Assessment



Name: Ella M.

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X

How does the artifact you selected demonstrate strengths & growth in the communication competency?

In what ways might you further develop your communication competency?



X

How does the artifact you selected demonstrate strengths & growth in the thinking competencies?

In what ways might you further develop your thinking competencies?



How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?

In what ways might you further develop your personal & social competencies?

## Self-Reflection

Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.

Since mid-March our lives have been dramatically changed physically and emotionally due to Covid-19. When school switched from normal in person classes to all virtual lessons it was very important to quickly adapt to the new situation and learn how to work effectively with virtual learning. During English class, since mid-March, we have begun a novel study. I was able to quickly adjust to working in my group through online learning by communicating effectively. I demonstrated the communication core competency when I communicated with my group via Teams, texting and Facetime for our weekly reflection of the section we read. We checked in with each other about our weekly jobs and just to make sure we are all alright. During this process, it was important to communicate with my teacher as thoroughly as possible because when virtually talking, it is easy to miss certain details. Therefore, in virtual conversations, you must remember to explain things carefully and with extra detail, because you cannot rely on communication tools like eye contact or body language. Since this pandemic started, I have gained a new understanding of how to properly communicate using virtual technology.

I also demonstrated the Creative Thinking core competency during this past unit. Since we cannot attend school it has been difficult to present and create normal school projects. I have had to go outside of my comfort zone and have been extra innovative while creating my own final project to present my novel study. It was difficult to make sure that I included enough material as there was no rubric to follow. So, I made sure to check in with my teacher and fellow classmates to get clarification and their opinions. For example, when I was writing down all of the questions and answers for my project, I did not have an exact number of questions to do, so I figured it out based on how my project best looked on my poster paper (the layout) and by the quality of my written questions and answers. This pandemic has certainly created some new learning opportunities and I hope that I have expanded my creative thinking.

## Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

1. Categories - Self-Assessment
2. Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.
  - #creativethinkingcc
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3. Use the Add Document button located at the top of your post page and embed your self-assessment at the bottom of your blog post.
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