



Core Competencies Self-Assessment



Name: Ella M.

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X

How does the artifact you selected demonstrate strengths & growth in the communication competency?

In what ways might you further develop your communication competency?



X

How does the artifact you selected demonstrate strengths & growth in the thinking competencies?

In what ways might you further develop your thinking competencies?



How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?

In what ways might you further develop your personal & social competencies?

Self-Reflection

Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.

I selected the communication and critical thinking core competencies for my colony assignment in social studies. I chose the communicating competency because connecting with my group was an important and key part of this assignment. This was a group assignment and it was important for our team to communicate in order to do well. I feel that I was a strong communicator in my group, and this was demonstrated when I sent emails, talked to all of them during classes, by making sure we were all on the same page about our project and understood what to do. Another reason why I chose communicating as one of my core competencies is because this assignment was both a group project and an individual project. During our separate tasks where we were responsible to do work ourselves, or with a partner. I had no problem communicating with my teacher when I worked alone, and I also worked well one on one with a partner and communicated effectively with my group. The second core competency I chose was critical thinking. I chose this because I really had to think critically about my work and my groups work in order to make it as good as possible and because we needed to come up with solid arguments to defend our point of views. I pushed myself to make sure my individual and groups arguments at the Adanac Conference made sense. I learnt a lot from this assignment, and it taught me to have more empathy for minority groups and when in the majority group to be careful and to not be to selfish. This says a lot about "group mentality."

Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

1. Categories - Self-Assessment
2. Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.
 - #creativethinkingcc
 - #communicationcc
 - #criticalthinkingcc
 - #socialresponsibilitycc
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3. Use the Add Document button located at the top of your post page and embed your self-assessment at the bottom of your blog post.
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