



Core Competencies Self-Assessment



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How does the artifact you selected demonstrate strengths & growth in the communication competency?

In what ways might you further develop your communication competency?

Self-Reflection

Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.

For my core competency I decided to use the CO2 Dragster as my assignment/project because I felt as though it touched on all three categories of the core competency: communication, thinking, and personal/social. Starting off with communication, I felt as though my project touched on this specific competency the most because the project was in groups of 2 which meant I had to communicate with my group partner about how we were to go about making this project, how we would split up the work and how we would go about doing the design, details, dimensions and more. Although communication was extremely crucial, there was obviously also the thinking and personal/social aspects of the project in which I think that I showed the competencies well. For instance, with the thinking competencies I had to think and reflect a lot on how I would be doing the project; how I can efficiently sketch out a design for the dragster which would create the best working product, or how I could be able to modify the dimensions with things such as the wheels and the body for it to be light but also efficient and strong enough to run properly. There was a lot of thinking incorporated into the design process and how I was to go about making the project with my partner, which leads me into my next competency: personal/social. I feel as though with the social competencies that it all led back to communication and related to the communication competencies more because I had to discuss the project with a friend and we had to make sure that we stayed on track the entire way through the project. As for the personal competencies, there was obviously a sense of personal responsibility during the project. This was because we had certain parts of the project split up and so we had responsibilities we had to on our own. Overall, I'm very happy with the way that our dragster turned out, I think that we were able to build an efficient and light model with lots of details.



How does the artifact you selected demonstrate strengths & growth in the thinking competencies?

In what ways might you further develop your thinking competencies?



How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?

In what ways might you further develop your personal & social competencies?

Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

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