



# Core Competencies Self-Assessment



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Date: April 1st, 2022



How does the artifact you selected demonstrate strengths & growth in the communication competency?

In what ways might you further develop your communication competency?

### Self-Reflection

Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.

For this project in our Dynamics unit, we were assigned a project that involved the incorporation of Lego in order to successfully create a Stop Motion video that displays Newton's 3 laws. Now throughout the process of creating this video, although there were some difficulties along the way, we were able to create a pretty decent video while explaining efficiently through examples how Newton's Laws affect us more than people may seem. If there was one Core Competency that I would have to choose, it would definitely be the thinking competencies; I think that through this project I was able to successfully demonstrate my strengths and growth in the thinking competencies because of the fact that my group was able to come up with different scenarios to prove our points in relation to Newton's Laws. Because we were able to create different scenarios I think that was how we showed strengths and growth in those competencies. As much as I think we effectively communicated our message though, I think that in order to further develop our thinking competencies that we could provide some more visual examples using stop motion, and I think that we could have gone into more depth regarding how these laws can apply to outside of simply driving. In order to provide a better understanding I think we could have shown more examples but that would also come with the expense of having more time to work on the project. I think that's another thing that we did well as well, with the time frame that we were given I think that we used our time wisely and were able to represent what we needed to within that time frame. Overall, I think that we did a good overall job with the video both on the aspect of visualizing and communicating but with more time we definitely could have done more.



How does the artifact you selected demonstrate strengths & growth in the thinking competencies?

In what ways might you further develop your thinking competencies?



How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?

In what ways might you further develop your personal & social competencies?

### Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

- Categories - Self-Assessment
- Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.
  - #creativethinkingcc
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- Use the Add Document button located at the top of your post page and embed your self-assessment at the bottom of your blog post.
- Publish