



Core Competencies Self-Assessment



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How does the artifact you selected demonstrate strengths & growth in the communication competency?

In what ways might you further develop your communication competency?

Self-Reflection

Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.

1. What creative elements in your project are you proud of?

I think that in my project, I'm proud of how I made the video, and how I edited my project because at first I thought that it would come out choppy and messy, but after I put my time into the video I was proud of it because it was smoother and better in general than I expected it to be. I'm also proud of making my own whiteboard with a screen protector, a white piece of paper and a piece of cardboard. I was going to buy a whiteboard but I couldn't find any and so I adapted and made my own whiteboard and so I was proud of adapting in that sense.



How does the artifact you selected demonstrate strengths & growth in the thinking competencies?

In what ways might you further develop your thinking competencies?

2. How did you come up with your ideas? What inspired you?

I came up with my ideas by looking at the previous contests and how they formatted their ideas, and I believe that some people used similar ideas to what I did, they also used whiteboards, markers and etc, and so I really liked how it looked, I liked how the video looked and so by taking some inspiration from those videos I decided that it would be a good idea to try something I've never tried before and use a whiteboard in fast motion with pictures for my project and I'm happy with the way that it turned out. Not only this though, I always had the idea of using a whiteboard and markers and this seemed like it was a good opportunity to use it, so I did.



How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?

In what ways might you further develop your personal & social competencies?

3. What do you do when you are "stuck" for ideas?

When I'm stuck for ideas I usually would take a break, because when I usually hit a roadblock or a brick wall I like to take a break for a bit and come back to thinking of ideas with a fresh mind, because I've found that it gets harder to find ideas when you're already stuck for them. Also, I look to ask my friends and family sometimes of ideas that I can use and what are some things that I can do for my project and a lot of the time they do give me good ideas and so I tend to do this sometimes as well. Another option that I do which is like take a break is I usually take a nap or spend some time with my friends to clear my mind, and then when I come back, I work.

Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

- Categories - Self-Assessment
- Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.
 - #creativethinkingcc
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- Use the Add Document button located at the top of your post page and embed your self-assessment at the bottom of your blog post.
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