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| **Name: Catriona** | **Date: April. 20, 2021** |

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| [Related image](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwib9tK134HTAhVG12MKHQsVAS0QjRwIBw&url=http://prototypes.wellahead.ca/tags/&psig=AFQjCNEK-D2NUOj2zbentxmJUqHrPJojyg&ust=1491084091920280)  **How does the artifact you selected demonstrate strengths & growth in the communication competency?**  **In what ways might you further develop your communication competency?** | **Self-Reflection**  Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.  **In what areas, if any, do you feel your French has improved this quarter?**  I think that my vocabulary has really improved this quarter. It still needs a lot of growth but, it is a lot more than I knew before now.  **In what areas in French do you want to continue to grow?**  I want to continue growing in my vocabulary and pronunciation because one of my weakest parts in French is pronunciation. I also want to grow in these areas because with these skill I would be able to have a decent conversation with someone in French.  **Choose any aspect of the course that you are the proudest of this semester. Explain why you chose this aspect.**  I am the proudest of my Tu seras une vedette project this quarter. I am the proudest of this project because I was using my new vocabulary and try to practice my pronunciation.  With my Tu seras une vedette project I was using my communication skills, critical thinking and personal awareness and responsibility. With that project it pushed me out of my comfort zone but, it had me do a project I do not usually do. My communication skills because of the oral component. Critical thinking because I had to figure out what I was doing for the project and ended up making up a fake reality for this project. Then finally my personal awareness and responsibility skills to put it all together and chose what I included in the project. It helps me strengthen my skills in French and in the core competencies. |
| [Image result for core competencies BC](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjWzZCh34HTAhUBx2MKHXlPDCcQjRwIBw&url=http://prototypes.wellahead.ca/tags/&psig=AFQjCNEK-D2NUOj2zbentxmJUqHrPJojyg&ust=1491084091920280)  **How does the artifact you selected demonstrate strengths & growth in the thinking competencies?**  **In what ways might you further develop your thinking competencies?** |
| [Related image](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwj1sYCv34HTAhVO7mMKHeQ2Am4QjRwIBw&url=http://prototypes.wellahead.ca/tags/&psig=AFQjCNEK-D2NUOj2zbentxmJUqHrPJojyg&ust=1491084091920280)  **How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?**  **In what ways might you further develop your personal & social competencies?** |

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**You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.**

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