Carys Gould

In A&P12 class, we have explored the following:

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| **Content** | **Curricular Competencies** | **Work Habits** |
| * *Structure and function of biological molecules*
* *Structure and function of cell membranes*
* *Structure and function of enzymes*
* *Feedback systems and homeostasis*
* *Structure and function of digestive system*
* *Structure and function of respiratory system*
* *Structure and function of excretory system*
* *Structure and function of circulatory system*
* *Structure and function of reproductive systems*
* *Structure and function of nervous system*
 | * *Questioning and predicting*
* *Planning and conducting investigations*
* *Processing and analyzing data*
* *Evaluating methods and results*
* *Communicating scientific findings*
 | * *Attending class on-time*
* *Submitting assignments by due date*
* *Thoroughly completing assigned work*
* *Paying attention during lessons*
* *Contributing to learning in group activities*
* *Work on learning assignments in class and at least 1hr/day at home*
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What are your areas of strength?
Identify and describe at least 1 from each category.

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| **Content** | **Curricular Competencies** | **Work Habits** |
| Enzymes, feedback systems, and homeostasis was a unit that I really grasped because I studied a lot for the test.The circulatory system was a unit that AI payed a lot of attention too and the style of the test made me put my all into studying.The last 4 units, put into two tests (respiratory, excretory, reproductive, and nervous systems) were systems I was especially interested in and had topics that were easier for me to understand the concept.  | Planning and conducting investigations was something I tried really hard at in order to learn the material provided.Communicating scientific findings is something that I enjoyed as it is easy for me to explain what is happening when I understand the material around the science.  | Submitting assignments by due date was one of my strengths as I got most of the work done in class. Thoroughly completing assigned work.Contributing to learning in group activities. |

In what areas can you make improvement? Be specific.

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| Improvements I could make may be taking more time to learn the material throughout the whole time we are on the unit, instead of leaving it all for a couple days before the test. Therefore I would do a little bit each day so that my notes would already be completed and I would already have a better understanding of the material.  |

➊ Embed this worksheet in a new Edublog post titled: A&P12 Goal Setting
➋ In your Edublog post, thoroughly answer this question: Which of your suggested growth areas are you going to work on improving? How? Give detail.