Carys Gould

In A&P12 class, we have explored the following:

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| **Content** | **Curricular Competencies** | **Work Habits** |
| * *Structure and function of biological molecules* * *Structure and function of cell membranes* * *Structure and function of enzymes* * *Feedback systems and homeostasis* * *Structure and function of digestive system* * *Structure and function of respiratory system* * *Structure and function of excretory system* * *Structure and function of circulatory system* * *Structure and function of reproductive systems* * *Structure and function of nervous system* | * *Questioning and predicting* * *Planning and conducting investigations* * *Processing and analyzing data* * *Evaluating methods and results* * *Communicating scientific findings* | * *Attending class on-time* * *Submitting assignments by due date* * *Thoroughly completing assigned work* * *Paying attention during lessons* * *Contributing to learning in group activities* * *Work on learning assignments in class and at least 1hr/day at home* |

What are your areas of strength?   
Identify and describe at least 1 from each category.

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| **Content** | **Curricular Competencies** | **Work Habits** |
| Enzymes, feedback systems, and homeostasis was a unit that I really grasped because I studied a lot for the test.  The circulatory system was a unit that AI payed a lot of attention too and the style of the test made me put my all into studying.  The last 4 units, put into two tests (respiratory, excretory, reproductive, and nervous systems) were systems I was especially interested in and had topics that were easier for me to understand the concept. | Planning and conducting investigations was something I tried really hard at in order to learn the material provided.  Communicating scientific findings is something that I enjoyed as it is easy for me to explain what is happening when I understand the material around the science. | Submitting assignments by due date was one of my strengths as I got most of the work done in class.  Thoroughly completing assigned work.  Contributing to learning in group activities. |

In what areas can you make improvement? Be specific.

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| Improvements I could make may be taking more time to learn the material throughout the whole time we are on the unit, instead of leaving it all for a couple days before the test. Therefore I would do a little bit each day so that my notes would already be completed and I would already have a better understanding of the material. |

➊ Embed this worksheet in a new Edublog post titled: A&P12 Goal Setting  
➋ In your Edublog post, thoroughly answer this question: Which of your suggested growth areas are you going to work on improving? How? Give detail.