



# Core Competencies Self-Assessment



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How does the artifact you selected demonstrate strengths & growth in the communication competency?

In what ways might you further develop your communication competency?

## Self-Reflection

Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.

For this problem, I had forgotten how to deal with this sort of problem, which, while similar problems were not on the workbook review, I ignored the extra practice sheet where there were similar problems. This tells me I should be putting more effort into review before tests, as this was a very simple problem once I remembered what to do.



How does the artifact you selected demonstrate strengths & growth in the thinking competencies?

In what ways might you further develop your thinking competencies?

In terms of core competencies, like in my previous Mistakes as Learning, I have been given reason to pay more attention to my personal awareness. This time, I must pay attention to not only my procrastination, which likely affected the time I used reviewing, but also be aware of which concepts I need to put extra time into practicing before a test. I can do this by recalling the various concepts I learned and thinking of which concepts I have not reviewed sufficiently yet.



How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?

In what ways might you further develop your personal & social competencies?

## Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

1. Categories - Self-Assessment
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