



# Core Competencies Self-Assessment



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How does the artifact you selected demonstrate strengths & growth in the communication competency?

In what ways might you further develop your communication competency?

## Self-Reflection

Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.

Analyzing and correcting my solution to this problem emphasizes even further that I must be more attentive and recognize patterns when they are present, in this case, recognizing more complex binomials where the difference of squares is applicable. This has allowed me to also learn a new strategy, the sum of cubes, early, if my memory serves me right in believing that I did not learn it beforehand.



How does the artifact you selected demonstrate strengths & growth in the thinking competencies?

In what ways might you further develop your thinking competencies?

In terms of core competencies, this has given me more reason to pay closer attention to my personal awareness regarding my well-being, *especially* regarding my sleep schedule, which has hampered me in class multiple times through lack of sleep. Part of this also involves my motivation to do homework; I often procrastinate and delay work, which causes me to go to sleep later than I should. My gaming habits contribute to this to a lesser extent, but not in that I play video games before doing homework. Rather, I simply stay up later after completing my homework for the day, which means I go to sleep later.



How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?

In what ways might you further develop your personal & social competencies?

## Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

1. Categories - Self-Assessment
2. Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.
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