

CONSCIOUS CONSUMPTION

STUDENT WORLD VIEW & VALUES



What Is My World View?

Our values define what is important in life. We all have different backgrounds, values, and experiences that help us form our opinion on different topics. These opinions make up our 'world view'. As we gather more information and hear different perspectives, our values can shift and our world view can evolve. Please do this survey BEFORE and AFTER completing your ACTION PACK to see if your 'world view' has changed.

Rate the following statements out of 5 1. Strongly disagree 2. Disagree 3. Neither agree nor disagree 4. Agree 5. Strongly agree	A	B	C
	<i>Before Rating</i>	<i>After Rating</i>	<i>Difference</i>
EXAMPLE – My buying habits have nothing to do with my carbon footprint	5	2	3
1. Our economic system depends upon high levels of production and consumption, so the more I buy the better it is for everyone.			
2. My self-worth is related to the things I own (clothes, phones, etc).			
3. Individual waste contributes to global sustainability issues .			
4. I think I consume more than I need.			
5. Diverting organic waste from the landfill reduces impact on climate change.			
6. I can impact social justice issues by making different consumer choices.			
7. We live in a 'disposable' culture, using things once and throwing them away.			
8. It's great to buy the latest technology or fashion item.			
9. Human actions on land impact the health and sustainability of the oceans.			
10. Reducing, reusing, and up-cycling are just as important as recycling.			
11. Our consumption habits and choices contribute to global inequality.			
Totals:			

Rate the following values out of 5		A	B	C
		<i>Before Rating</i>	<i>After Rating</i>	<i>Difference</i>
1. Strongly disagree 2. Disagree 3. Neither agree nor disagree 4. Agree 5. Strongly agree				
1. I value convenience.				
2. I value having a small environmental footprint.				
3. I value companies that treat their employees well and don't abuse human rights				
4. I value buying things that last a long time.				
5. I value the latest style and having new clothes on a regular basis.				
6. I value thrift (getting something for the least amount of money).				
7. I value nature.				
8. I value consuming only what I need.				
9. I value practices and regulations to protect clean rivers, streams and oceans.				
10. I value re-used clothing.				
11. I value systems that help me recycle and compost.				
12. I value buying items and food without packaging.				
13. I value human relationships over material possessions.				
14. My values impact the choices I make about what and how much I consume.				
Totals:				
BEFORE ACTION PACK: Choose one of your top ranked values in Column A and give an example of how this affects your choices.		AFTER ACTION PACK: Choose one of your top ranked values in Column B and give an example of how this affects your choices.		