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| **Name:** Annabelle Ingelman | **Date:** September 24th, 2019 |

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| Related image**How does the artifact you selected demonstrate strengths & growth in the communication competency?****In what ways might you further develop your communication competency?** | **Self-Reflection**Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.*The artifact that I selected for my self-reflection is my clay ocarina. While making this project, I had to use both critical thinking and creative thinking in many ways.**One way I used critical thinking was making sure that the angle was 45 degrees. I also had to make sure the hole was a square, and not a rectangle. I learned to smooth out the inside and straighten the opening. All of these things were very important because if they were even a little bit out of place the ocarina wouldn’t whistle. This was a very technical part of the project because it wouldn’t be an ocarina without the proper building techniques that I learned.**One way I used creative thinking was by choosing a design for my ocarina. We had to come up with at least four options for designs. This pushed me to be very creative because I had to make sure that every design was a similar shape to what the ocarina needed to look like. That way, it would make the proper sound. I researched ocarinas and found some designs that others had made, to inspire me. Once I chose my design, which was a dolphin, I had to use creative thinking again to come up with the steps to build it. I made the tail, fins and mouth and then used the scratch and slip technique to connect them to the body. I then asked myself what I could add to do even better and put on the finishing touches.**In the future, I could further develop my thinking competencies by asking more questions so that I could make sure I was building it right. I could also add more detail to my project so that it would be even more creative.**Overall, I definitely used both critical and creative thinking many times over the course of this project. I made sure the technical parts of the ocarina were built properly so that it would make the proper sound. I also came up with a design and the steps to accomplish it. Both of these things helped me to better use and grow my thinking competencies!* |
| Image result for core competencies BC**x****How does the artifact you selected demonstrate strengths & growth in the thinking competencies?****In what ways might you further develop your thinking competencies?** |
| Related image**How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?****In what ways might you further develop your personal & social competencies?** |

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