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| **Name: Alyssa** | **Date: November 2nd, 2022** |

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| Related imageCheckmark with solid fill | **Collaboration Self-Reflection**1. Describe your current collaboration **strengths**. Use specific examples.
2. How has your collaboration **improved** in Co-op? What are you proud of? Provide specific examples.
3. Identify an area for **future growth** in collaboration.

My collaboration strengths include showing all my steps so everyone understands my thought process, and not making others feel bad about making mistakes. When at whiteboards, I write out each step to the question and check in with my group members to make sure everyone understands. As well when I or someone else makes a mistake I try my best to use it as a learning opportunity and not make anyone feel bad about it. My sense of comfort in working with new people has improved since I started Co-Op. I am most proud of my positive attitude towards working in groups and my efforts to make everyone feel included. For example, while at whiteboards I try to keep it light-hearted and check in with my group members frequently. An area I can improve on is posing questions when I don’t fully understand. Sometimes I feel as if I will be judged for not knowing something or feel as if I’m interrupting the group. I am trying my best to step out of my comfort zone as well as trying to make others feel comfortable asking questions too.  |
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