Bicycle Technology Tutorial Sign-Up Sheet

Use this sign-up sheet to select what topic you would like to create your tutorial on. There is a maximum of two people per topic. If you would like to select a different topic please let me know in advance.

TOPIC	Student #1	Student #2
Rules of the road for a cyclist		
How to adjust your brakes		
How to clean and lubricate your chain		
How to fix a flat tire		
How to adjust your front derailleur		
How to adjust your rear derailleur		
How gears and gearing ratios work		
How to tighten your headset and handlebars		
How to tape your handlebars		
How to remove and install a chain		
How to safely prepare for a bike ride		
How to fully clean your bike		
What to look for when buying a used bike		
How to install new brake or shifter cables		
How to true a wheel without a truing stand		
Other Topic		