

Are you your own person?

WHO ARE YOU REALLY?

Or a product of someone else's expectations?

Is this your Choice?

**ARE YOU BEING
MANIPULATED
TO BE
SOMEONE
ELSE?**


Or is this someone else's decision?

HEY THERE,



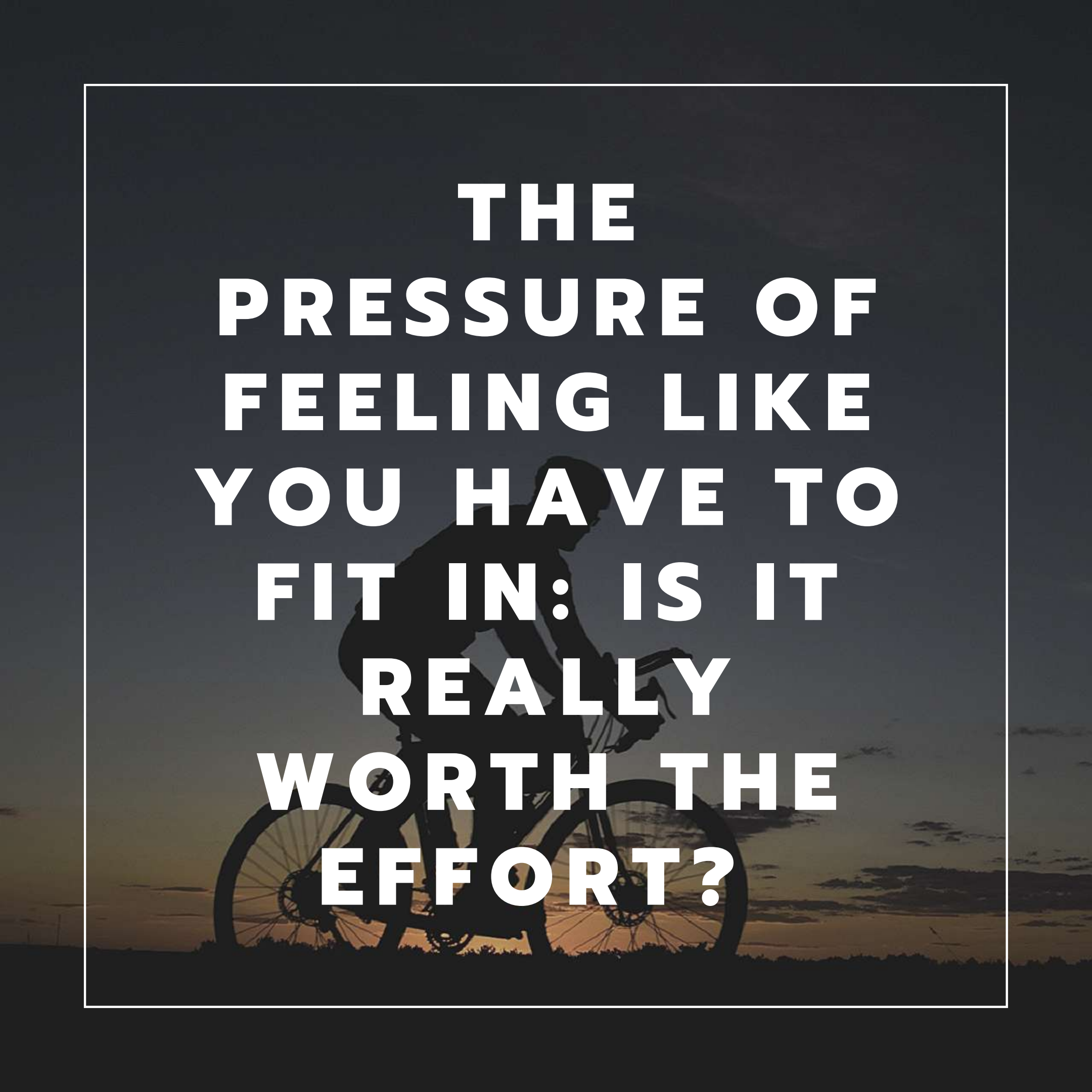
THAT FACE THAT YOU
SHOW

Is it really you?



*Who are
you
really?*

IS IT SOMETHING YOU KNOW?
OR DISCOVER?

A silhouette of a person riding a bicycle is centered in the image, set against a background of a sunset or sunrise sky with soft, warm colors. The cyclist is in a forward-leaning position, typical of road cycling. The overall mood is contemplative and motivational.

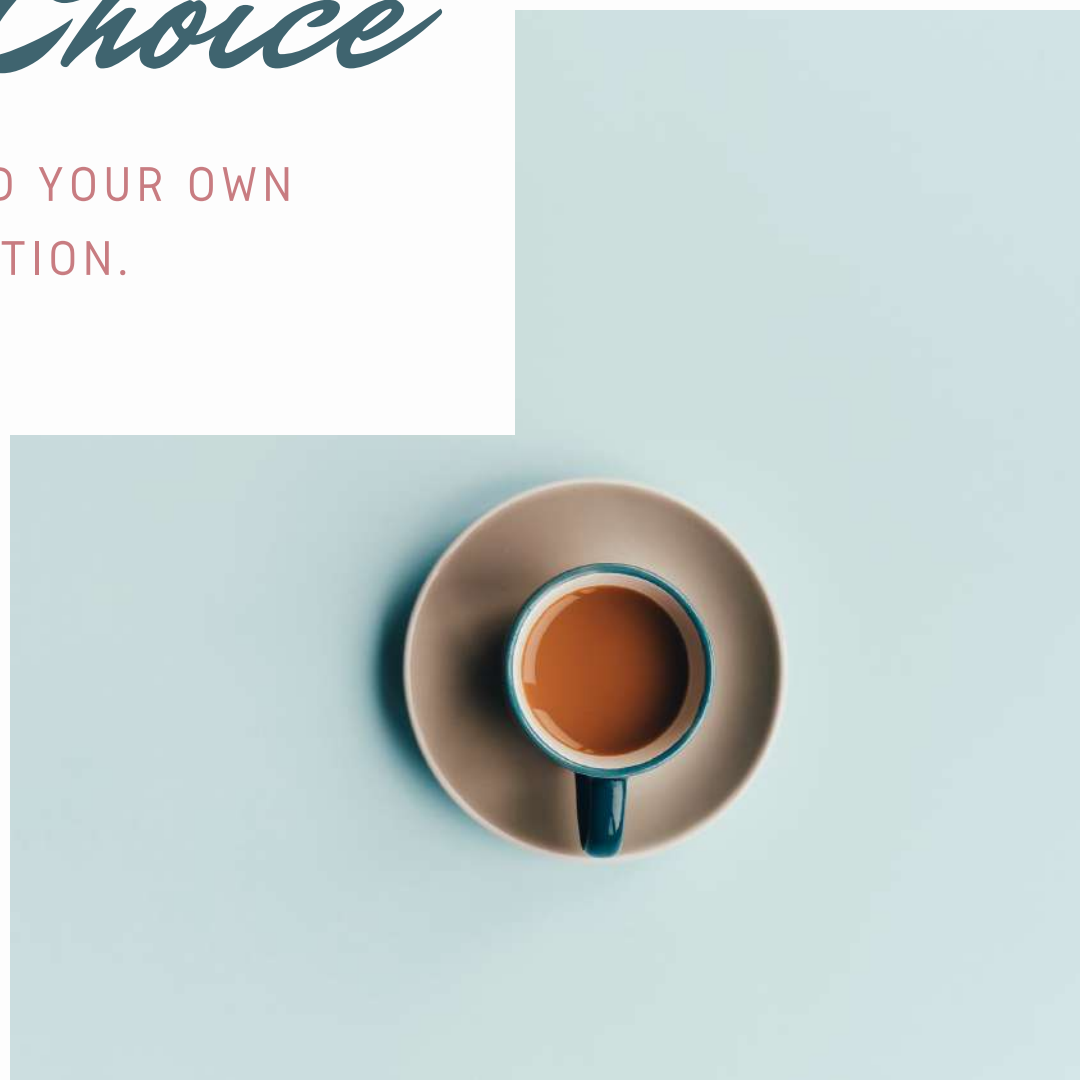
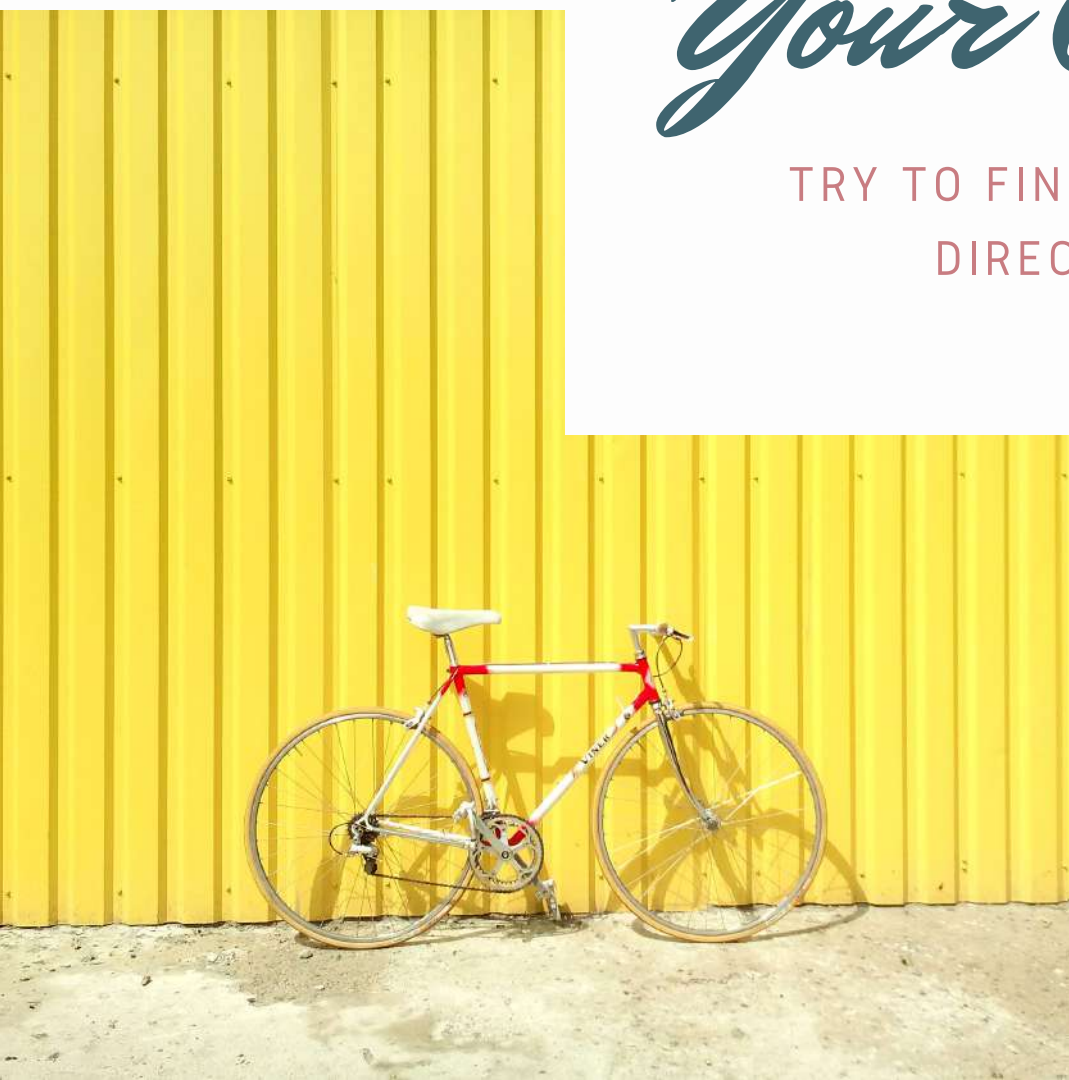
**THE
PRESSURE OF
FEELING LIKE
YOU HAVE TO
FIT IN: IS IT
REALLY
WORTH THE
EFFORT?**



DON'T FEEL LIKE YOU'RE BEING
FORCED, IT'S

Your Choice

TRY TO FIND YOUR OWN
DIRECTION.



HEY YOU,

Stop
trying to
fit in.

YOU SHOULD KNOW WHO
YOU REALLY ARE



Your Ideals

YOU

≠

ME

My Life Choices



A woman is seen in profile from the chest up, looking out over a body of water towards a range of mountains under a sunset sky. She is positioned on the right side of the frame, with the dark interior of a boat or structure behind her. The water is calm, reflecting the soft light of the setting sun. The mountains in the distance are silhouetted against the bright sky. The overall mood is contemplative and serene.

Don't get lost for
someone else. Find a way
to loose yourself.

WRITE UP:

In both the Crucible and today, there are many people who are forced into doing things that they don't want to do, or being someone who they really aren't. Today, peer pressure is a big thing for people in school and out of school. People want to fit in with other groups of people and will change themselves for it. In the Crucible, all the other girls starting acting for Abigail because she had blackmailed them all to "work" for her. With this, we can see the similarity between the Crucible and today.

SOLUTION:

Have people find ways to express themselves.

Teach new ways to cope with toxic relationships and learn how to be independent and stand up for yourself. Learn to be able to embrace others for who they are instead of manipulating them to be who you want them to be. Have time to reflect on yourself and those around you to be more aware of other's social situations and learn how to get out of relationships that affect you negatively.