

SEXUAL HEALTH

LESSON #5 Hand In

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SEXUALLY TRANSMITTED INFECTIONS:

1. Abstinence is the only way to make sure that you are 100% safe from contracting an STI.
2. Birth control DOES / DOES NOT protect a person from contracting STIs.
3. (Does Not) Bacterial STIs can be cured with antibiotics.
4. Viral STIs are not curable.
5. Name and explain at least three ways to protect yourself from contracting an STI
The first one is abstinence which is kind of obvious, you just don't do anything. Or you can use protection to prevent STIs from coming in contact with you. And you can get tests and always make sure that you are safe and clean regularly.
6. Why are routine testing and early detection such an important aspect of your sexual health (if a person is sexually active)?
Because in the future you can tell your partners that you have and STI and then it would be their choice if they still wanted to continue and it wouldn't be the person who originally had the STI that they had gotten the STI to after because they were already warned about it. Also for early detection you will be able to have more ways of curing it faster and easier if can before it get worse.
7. What does HIV stand for and what do each of the words mean?
 - a. H - human (affects humans)
 - b. I - Immuno-Deficiency (Weak Immune System)
 - c. V - Virus (Something like bacteria, but has no cure.)
8. Can a person actually die *from* AIDS? Explain.
Yes, because it is the second stage of HIV, so you could die from getting a cold or flu because your body isn't able to fight against it and it just kills you.

YOUR THOUGHTS:

Do you agree or disagree with the following statement? Why? (your response should be a minimum of 2-3 sentences)

“If two people can’t talk about the possible consequences of having sex together, they are not ready for the level of involvement.”

I agree because if you are not able to talk about it then it just makes it more dangerous for them to do it.

So it means that they are not sure if they're actually going to do it or not, so it shows that they are not ready because they are not comfortable talking about consequences of what can happen in the future.

So if they can't talk about it, they are not ready and not facing the reality of all the dangers.