

Name \_\_\_\_\_

# Brainstorm for Capstone

**Fill in the following information:**

## Interests and Skills

What classes did you enjoy the most at Riverside?

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- 
- 

What extracurricular activities did you enjoy the most?

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- 
- 

When you reflect on your time in high school, of what do you feel most proud or what has been the most meaningful experience?

What are your future career goals?

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- 
-

Name \_\_\_\_\_

## Core Competencies,

**Addressing the Core Competencies is a primary component of this Capstone project. You will want to use your strengths to feel successful but also address your weaknesses to grow. Remember, the capstone is to highlight your talents and ideas that are reflected in your learning but also to show your growth as a student and person.**

Which competency is your **strength**? (*highlight all that apply*) Explain HOW it (they) is/are your strength.

- Communication
- Critical Thinking
- Creative Thinking
- Personal Responsibility and Awareness
- Positive Personal and Cultural Identity

How is it your **strength**?

Which competency is your **weakness**? (Highlight all that apply) Explain HOW you could grow in this area(s).

- Communication
- Critical Thinking
- Creative Thinking
- Personal Responsibility and Awareness
- Positive Personal and Cultural Identity

How can you **grow** in this competency?

Name \_\_\_\_\_

## Strands

What are some possible **strand choices** that interest you for your mini-capstone?

- Project
- research/experiment
- Initiative
- Service Orientated
- Entrepreneur
- Event

**What is your thinking right now?** What are you considering as a possibility for your capstone?