Planning 10 – Health

Sexualityandu.ca  
Worksheet #1

*Start out by spending 5 minutes navigating around the site. Don’t play the SEXFU challenge just yet, you’ll get your chance in a bit. For now, let us concentrate on the large sections in the middle of the page.*

Please answer the following questions in point form.

1. Name the three families of STI’s

Hint: Click on the STI’s/STD’s link at the top of the page

1. For each family how many types of STI’s are there?
2. Write down one STI for each family, fill in the following.   
   Hint: Click on the left hand side of the page

A.

Name: Nickname:

Prevention:

Symptoms:

Testing:

Treatment:

B.

Name: Nickname:

Prevention:

Symptoms:

Testing:

Treatment:

C.

Name: Nickname:

Prevention:

Symptoms:

Testing:

Treatment:

1. Name 3 ways you can prevent yourself from getting an STI.
2. Name 3 facts/things you found interesting from the website.
3. List and answer the following for three different contraceptive options:
   1. Name of the contraceptive.
   2. How it works?
   3. How effective is it?
   4. 1 disadvantage and 1 advantage to using this method.