

SEXUAL HEALTH

LESSON #5 Hand In

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SEXUALLY TRANSMITTED INFECTIONS:

1. Abstinence is the only way to make sure that you are 100% safe from contracting an STI.
2. Birth control DOES / DOES NOT protect a person from contracting STIs.
3. Bacteria STIs can be cured with antibiotics.
4. Viral STIs are not curable.
5. Name and explain at least three ways to protect yourself from contracting an STI
Abstinence
Monogamous relationship
Condom use
6. Why are routine testing and early detection such an important aspect of your sexual health (if a person is sexually active)?
Because if you get an STI you can get treatment, and if you know about it, and you can prevent spreading it to others.
7. What does HIV stand for and what do each of the words mean?
 - a. H - human (affects humans)
 - b. I - Immuno-Deficiency
 - c. V - Virus
8. Can a person actually die *from* AIDS? Explain.
No, because your immune system is fighting the aids but if you catch another sickness, it is hard for you body to fight two diseases at once, so you could die from the other sickness.

YOUR THOUGHTS:

Do you agree or disagree with the following statement? Why? (your response should be a minimum of 2-3 sentences)

“If two people can’t talk about the possible consequences of having sex together, they are not ready for the level of involvement.”

I agree with that statement because, if the couple can't talk about the consequences, than they probably aren't ready for a more serious relationship. The couple should be comfortable to talk about being in a more serious relationship, if they are going to be in a higher level of involvement relationship.