

<p>How does the artifact you selected demonstrate strengths &amp; growth in the communication competency?</p> <p>In what ways might you further develop your communication competency?</p>	<p><b>Self-Reflection</b> Describe how the artifact you selected shows your strengths &amp; growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.</p> <p>My spoken word, I had written about a week before Mrs. Thomasen said we were starting. I knew they were coming up and I wanted to have extra time to make it exceed. Choosing topics was not difficult as I wanted something a fast majority of people could connect too. Love. The topic love can hit everyone. I believe a key to having a great life is finding love. Through family, friends or a significant other there is love. Now I know I'm only fifteen however, the greatest amount of love outside of my family and friends was with a guy last year. He made me feel full of love so I decided to write about him. I did not come to any major stops in the process of writing but, when it got to reading it out loud I hit a bit of a wall. I experienced some pain as my heart had been broken by the guy, while reading I had to sound like we were still together. Through out my spoken word I use poetic devices, repetition, rhyme, metaphors and more. These helped in making the delivery and writing fun yet, put together. I practiced quite a lot until before bed I could say the whole thing without Q- Cards. I got chosen to go in front of the school and I said yes so I am still working on my delivery, very pleased I got chosen as writing poetry is not something I just do in school but at home too.</p>
<p>How does the artifact you selected demonstrate strengths &amp; growth in the thinking competencies?</p> <p>In what ways might you further develop your thinking competencies?</p>	
<p>How does the artifact you selected demonstrate strengths &amp; growth in the personal &amp; social competencies?</p> <p>In what ways might you further develop your personal &amp; social competencies?</p>	

## Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

1. Categories - Self-Assessment
2. Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.
  - #creativethinkingcc
  - #communicationcc
  - #criticalthinkingcc
  - #socialresponsibilitycc
  - #personalidentitycc
  - #personalawarenesscc
3. Use the [Add Document](#) button located at the top of your post page and embed your self-assessment at the bottom of your blog post.
4. Publish