**SUCCESSFUL MARRIAGES**

Use Chapter 21 of the two text books, Relationships and Family Living & Married and Single Life to answer the following questions.

1. What is the key to a successful marriage?

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1. Mutual commitment in these three areas is important for marital success:

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1. Why is it unwise to enter a marriage expecting to change a mate?

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1. Why is it unrealistic to expect to always be happy with your spouse?

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1. Give four suggestions for enhancing communication in a marriage:

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1. List three suggestions to follow when making a decision with a spouse.

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1. List ten ground rules for solving conflict in a marriage.

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1. What does it mean to take someone for granted in a relationship?

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1. What are five ways to show thoughtfulness in a marriage?

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1. Why is it important for married couples to spend time together?

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1. Explain the difference between intimacy and sexual contact?

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1. Why are friendships with others important to marriage?

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1. What are some guidelines for promoting a good relationship with in-laws?

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1. Why is commitment important to a successful marriage?

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1. Explain the four relationship states:

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| --- | --- |
| STATE | DESCRIPTION |
| Togetherness |  |
| Leading / Supporting |  |
| Pushing / Resisting |  |
| Apartness |  |