

MY LIFE'S EXPERIENCES



Our life's experiences have helped to shape the person we have become. Often it is of value to reflect on our life to recognize the impact our experiences have had in determining who we are. In doing so we will have a better understanding of the impact we might have on others.

ASSIGNMENT:

Complete a web providing insight into the experiences which have helped shape you. This web is to be personalized so that it is a reflection of your life experiences. There should be four spokes from the center, each representing an area of development (physical, social, emotional, intellectual). From each developmental area, you are to identify life experiences which you feel may have influenced your personal development. These may be specific significant events or general childhood memories. This web can focus on positive childhood experiences but can also represent some of the challenges which you have faced.

Requirements and Evaluation:

- ✓ Center of the web is a representation of you (name/photo/other?)
- ✓ Four spokes from the center, representing each area of development (P,S,E,I)
- ✓ You must include a minimum of **3 experiences** for each area of development.
- ✓ Neatly connected ideas
- ✓ Use colour, drawings, images to enhance/organize your work
- ✓ Use concise statements. Statements should focus on a characteristic you possess today and link them to an experience from your past. (see examples on following page)
- ✓ You may use paper or create the project digitally (programs to try: PowerPoint, canva, piktochart, other?). Digital projects should be uploaded to Edublog using the following: Title – My Life's Experiences, Category – CD 11, Tag – CD11LazarMyLifesExperiences

DOES NOT MEET EXPECTATIONS/ CRITERIA established for this assignment	MINIMALLY MEETS EXPECTATIONS/ CRITERIA established for this assignment	PARTIALLY MEETS EXPECTATIONS/ CRITERIA established for this assignment	FULLY MEETS EXPECTATIONS/ CRITERIA established for this assignment	EXCEEDS EXPECTATIONS/ CRITERIA established for this assignment
NHI I 0-45%	C- C 55% 60%	C+ B- 70% 73%	B B+ A- 78% 82% 86%	A A+ 92% 100%

BRAINSTORMING

The trait you possess TODAY is how you categorize the statement, not by the past experience.

PHYSICAL: (ex. I am **physically active** because I was put into soccer at an early age and developed a life-long passion for fitness and sport)

1. _____

2. _____

3. _____

SOCIAL: (ex. I don't like **being alone** because I grew up with a sister and therefore always had someone around to keep me company)

1. _____

2. _____

3. _____

EMOTIONAL: (ex. I am **scared** to climb fences after an incident when I was 10 that sent me to the hospital)

1. _____

2. _____

3. _____

INTELLECTUAL: (ex. I **love math and find it easy** because my dad used to make math fun by turning it into a game/competition on family road trips)

1. _____

2. _____

3. _____