

PARENTING

STYLES OF PARENTING

There are three different _____ of parenting. However, it is important to know that parents do not always fit into one of the three categories. There is often _____ in parenting styles and a _____ of the three categories. Parenting styles develop as a result of many factors: the way they were _____; advice taken from _____; and perceived _____.

1. Authoritarian Parenting:

- A method of parenting in which parents exercise _____ over their children
- Rules are _____
- Child's _____ is not considered
- Physical _____ often imposed
- Child remains _____ on authority and may become _____



2. Permissive Parenting:

- A method of parenting in which parents are _____ and _____ in discipline and make few demands on the children.
- Parent does what the _____ wants
- Parent _____ are not considered
- Parents threaten love _____ as discipline method
- Child develops a need for approval and fears _____

3. Democratic Parenting:

- A method of parenting in which discipline and rules are _____ between parents and children.
- Parents set _____
- Child is given choices and _____ consequences
- _____ is encouraged but choices are monitored by parents
- Child develops a strong sense of _____ and understands and _____ appropriate behaviour

Parents as Friends

The ideal friendship between parents and adolescents is different in _____ than a friendship between peers. Within peer friendships there is an element of _____ whereas a friendship between a parent and adolescent must still include recognition that the parent has the _____.

_____ friendships between parents and adolescents serve many important functions:

1. _____: Families who are friends are able to enjoy many activities together which can strengthen the relationship.
2. _____: Strong relationships with parents allow an adolescent to choose their parent as a _____, therefore passing on certain _____, _____, _____, and _____.
3. _____: Parents must allow an adolescent enough independence to develop _____ and _____ but with open _____, the hope is that an adolescent will still _____ in a parent and seek guidance on important _____.



APPLYING YOUR KNOWLEDGE

For the following situations, write a statement that reflects each parenting discipline style.

TOPIC	AUTHORITARIAN	DEMOCRATIC	PERMISSIVE
Ex. bedtime	Go to bed now!	It's time for you to go to bed	Honey, are you ready for bed yet?
Cleaning bedroom			
Getting dressed			
Coming to dinner			
Meeting curfew			
Brushing teeth			
Doing homework			
Watching TV			
Using cell phone			
Buying clothing			

For each of the following statements, identify the parenting style by writing **A** for authoritative, **P** for permissive, or **D** for democratic.

- _____ 1. Don't ask me whether you can go to Jeff's party – make up your own mind.
- _____ 2. An 11 o'clock curfew was good enough for me, and it's good enough for you.
- _____ 3. I don't want you to go camping after grad, but if you are home by 2am, I'll let you go meet your friends in the morning.
- _____ 4. Don't give me excuses. Your room is a mess – You're grounded!
- _____ 5. Where do you think we should go for vacation?
- _____ 6. You're going to do better in math and it will be because you spend tonight studying.
- _____ 7. Jimmy insists on playing his radio so loud that he's driving the rest of us crazy.
- _____ 8. I have to do all my shopping on the weekend. I don't have the car during the week because my daughter doesn't want to take the bus.
- _____ 9. I don't think you're spending your allowance wisely. Let's talk about budgeting and priorities
- _____ 10. You are not leaving the house dressed like that. Go back to your room and change – now!