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| **Name: Adam Weber** | **Date: 2017-11-15** |

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| [Related image](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwib9tK134HTAhVG12MKHQsVAS0QjRwIBw&url=http://prototypes.wellahead.ca/tags/&psig=AFQjCNEK-D2NUOj2zbentxmJUqHrPJojyg&ust=1491084091920280)  **How does the artifact you selected demonstrate strengths & growth in the communication competency?**  **In what ways might you further develop your communication competency?** | **Self-Reflection**  Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.  After I was given the assignment of making Canada a better place, I first looked to the criteria sheet and saw what I was aiming for. I then thought about what I could think of to make Canada a better place. Once I heard another student in my class talking about where they came from the phone bill is so much cheaper. I decided to learn where the high bill was coming from, and from there I tried to find a way to resolve the issue. Unfortunately, I could not find a simple or easily implemented solution. I came up with many ideas, but I only talked about my best 3, as the criteria had stated. To present my findings I used PowerPoint because it is easy to use and can create nice looking slides. The reason I tried to develop these ideas to include giving cheaper plans to the poor or homeless, as a cell phone is an extremely important tool in times of emergency. I feel as I did a good job explaining the issue and by raising attention to it, Canada has already been made a better place. |
| [Image result for core competencies BC](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjWzZCh34HTAhUBx2MKHXlPDCcQjRwIBw&url=http://prototypes.wellahead.ca/tags/&psig=AFQjCNEK-D2NUOj2zbentxmJUqHrPJojyg&ust=1491084091920280)  **How does the artifact you selected demonstrate strengths & growth in the thinking competencies?**  **In what ways might you further develop your thinking competencies?** |
| [Related image](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwj1sYCv34HTAhVO7mMKHeQ2Am4QjRwIBw&url=http://prototypes.wellahead.ca/tags/&psig=AFQjCNEK-D2NUOj2zbentxmJUqHrPJojyg&ust=1491084091920280)  **How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?**  **In what ways might you further develop your personal & social competencies?** |

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