Choices and Values – Reflection

Sex Ed presentation

1. What were the 3 most valuable things (to you, personally) you learned in the Sex Ed presentation?
2. What will stick with you the most from the Sex Ed presentation?

Interventionist presentation

1. What were the 3 most valuable things (to you, personally) you learned in the Interventionist presentation?
2. What will stick with you the most from the Interventionist presentation?

Values*\* When we talk about values, it is referring to the core elements that are important to us and that direct our actions. We are not talking about physical things (like material possessions or money). You can refer to the YPI activity we did on values.*

1. Who/What influences what your values are?
2. What are your 3 main values?
3. How do your values influence the choices you make? Give an example of when you acted based on a value.